CARSON GRAHAM SECONDARY SCHOOL
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This is an important notice.
Please have it translated.

Secondary Extra-Curricular Athletics
SEASONAL SPORTS/ATHLETIC EVENTS
Informed Consent

For: **INSERT LOW-RISK ATHLETIC PROGRAM**

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation of students in all extra-curricular seasonal sport, athletic events and activities in North Vancouver School District No. 44. The purpose of the Informed Consent document is to provide students and parents/guardians with information that is related specifically to each extra-curricular seasonal sport. The information contained herein applies to the entire season of the specific extra-curricular sport and/or athletic event(s) and also extends to pre-season and post-season activities i.e., exhibition games, training camps, league playoffs, District/Zone playoffs, Regional and/or Provincial Finals. The parent/guardian consenting signatures on this document indicate acknowledgement and acceptance of the information contained herein inclusive of risks and potential consequences.

The scheduling of any extra-curricular seasonal sport and/or athletic event involving a multiple-day and/or out-of-province excursion is governed under the provisions of the School District *Policy 207: Field Trips* and parents/guardians will be informed separately and accordingly.

Within this package, you will find information relating to:

- Purpose(s) of the extra-curricular athletic program
- Notification of student/parent pre-season meeting is mandatory for: Football, Rugby, Alpine skiing, Snowboarding, Gymnastics, Diving, Wrestling, and Mountain Biking
- Detailed itinerary consisting of schedule, date(s), and times
- Transportation arrangements
- Description of supervisors: teachers, employees of the Board and other adult volunteers, along with emergency contact numbers
- Description of direct and indirect supervision
- Description of all activities and the inherent risks and potential consequences
- Assessment of student skills and abilities as pertaining to the extra-curricular sport/athletic activity
- Behavioral expectations of students plus safety rules and regulations
- Contingency Plan: cell phone, first-aid provision(s), injury/incident reporting
- Description of budget consisting of revenue (cost to student) and expenditures (cost of trip)
- Notice regarding cancellation and deposits
- Parental responsibility to arrange student accident or liability insurance
- Parental responsibility to determine whether the student may participate in the sport
- *Student Awareness of Risk and Responsibility Form* completed by student

EXTRA-CURRICULAR ATHLETICS OBJECTIVES:

The objective of extra-curricular athletics is to foster a healthy appreciation of competition in the context of individual and team sports. Specifically, our program aims for the pursuit of excellence in the areas of commitment, competition, skill development, enjoyment, cooperation, and participation by students.

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INSERT DETAILS INCLUDING SPORT, LEAGUE AND GRADE LEVEL

By virtue of being out of the school setting and in many cases, away from the home school, students participating in a sport and/or athletic event, learn to be ambassadors for their school and their community. They learn the logistics and realities of travel, the responsibilities and independence of self-governance, the communication skills and leadership skills necessary for teamwork, and the social skills necessary for a variety of circumstances.

PRE-SEASON MEETING:

(Optional for all sports **with the exception of:** *Football, Rugby, Alpine Skiing, Snowboarding, Gymnastics, Diving, Wrestling, and Mountain Biking. Pre-season meetings are mandatory for the above-mentioned sports)*

If the nature of the extra-curricular sport and/or athletic event exposes students to a higher than normally acceptable level of risk then a pre-season information meeting will be arranged for parents and students. The purpose of the pre-season meeting is to provide an opportunity for the dissemination of information and discussion, related to the inherent risks and potential consequences.

The student/parent pre-season meeting is scheduled for INSERT DATE, at INSERT TIME at INSERT MEETING LOCATION.

ITINERARY:

INSERT TEAM/ATHLETIC EVENT SCHEDULE

DATE TIME LOCATION

If the full season schedule is not available in advance, schedules can be checked at www.esportsdesk.com/nsssa

TRANSPORTATION:

Parent(s)/guardian(s) will arrange for transportation that best meets the needs of the extra-curricular sport/athletic event in question. Students are instructed to use the safest mode of transport available with the acknowledgment and approval of their parent(s)/guardian(s). The nature of each extra-curricular athletic event may determine the mode of transportation utilized.

- Students and parents are responsible for making their own transportation arrangements to all practices and/or competitions.
- Methods of transportation may include walking, bike riding, private, public transportation, etc.
- When traveling to and from extra-curricular athletic events, all parties are expected to observe the provisions of the motor vehicle code and safety codes as related to walking and/or bike riding.
- Parent(s)/guardian(s) should be aware that their son/daughter may be transported by a volunteer driver.

Volunteer drivers are expected to comply with the provisions of School District *Policy 607: Transportation of Students* by familiarizing themselves with the Policy and signing the *Volunteer Driver* form available from the school. School District *Policy 607: Transportation of Students* is available for viewing at www.nvsd44.bc.ca.

SUPERVISION:

The level of supervision is divided into direct and indirect. Direct supervision is the time students spend with a coach, sponsor(s) and/or chaperone(s), which is directly related to the extra-curricular sport and/or event. Indirect supervision is the time students may spend as “unstructured time” outside of activities that are directly supervised. Under indirect supervision, the students may not necessarily be in the company of a coach, sponsor or chaperone. It is expected that students, while under indirect supervision, will act with common sense in

accordance with school and school district behavior expectations. Coaches, sponsors and chaperones will determine the parameters of "unstructured time and clearly articulate them to students. Students, when under indirect supervision, will be informed of how to reach a coach, sponsor or chaperone in the case of an emergency.

INSERT SPORT-SPECIFIC DETAIL

COACHES, SPONSORS(S) AND CHAPERONE(S): *Emergency Contacts:*

Name	M/F	Position	Phone Number(s)	e-mail address
Insert Details				

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety and supervision of the school setting. It is impossible to itemize every possible element of risk associated with an extra-curricular sport and/or an athletic event. Generally speaking, this event may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue
- Active participation in the sport and/or athletic event
- Spectating

INSERT SPORT is a sport with a level of inherent risk and potential consequences, which may include, but is not limited to: bodily injury ranging from incidental to potentially fatal.

In addition, participation in extra-curricular sports and/or athletic events involves travel to and from the home school. Risks associated with travel may include but are not limited to: mode of transportation, environmental conditions, distance, traffic conditions, etc.

Students have been briefed on the risks involved in playing extra-curricular INSERT SPORT and on the appropriate precautions to be taken. Students are required to complete and sign the *Student Awareness of Risk and Responsibility Form* in order to demonstrate full understanding of the expectations, risks, safety precautions and responsibilities associated with INSERT SPORT before being permitted to participate.

Coaches, sponsors, chaperones, and students will do all they can to ensure a safe and controlled experience to reduce inherent risk. The consequences of risk are, again, myriad and dependent on the situation. Students and parents need to be aware that injury can range from minor to fatal. By virtue of signing this "Informed Consent" document, you are acknowledging your understanding and acceptance of the inherent risks and possible consequences associated with this extra-curricular sport/athletic event.

ASSESSMENT OF STUDENT SKILLS AND ABILITIES:

Before students may participate in any planned extra-curricular sport and/or athletic event they must assure the coach(es), sponsor(s) and/or chaperone(s), that they have the necessary and required skills, training and common sense to participate in the activity.

In order to ensure that the participant has an appropriate level of competence and skill to actively participate in this athletic activity, he/she will be required to provide a self-assessment on the *Student Awareness of Risk and Responsibility Form*. It is important to note that students are solely responsible for being forthright and honest in declaring their level of skills and abilities in the "self-assessment" section entitled, "My level of skills and abilities" on the *Student Awareness of Risk and Responsibility Form*.

BEHAVIORAL EXPECTATIONS, SAFETY RULES AND REGULATIONS:

While participating in extra-curricular high school sports and/or athletic events, it is important that students are aware that behavioral expectations are governed under the B.C. High School Sports Code of Conduct, the School Code of Conduct and the School District Student Conduct Policy. Furthermore, students represent their school and District at all times when traveling and participating in extra-curricular school sports and/or athletic events and as such are accountable for their behavior.

The overarching principle of all school-related activities is to ensure the safety of the individual and group at all times. Students must always be concerned about their own safety and the safety of others at all times.

- All school rules, the School Code of Conduct and the School District Student Conduct Policy are in effect.
- Participants must stay in the area where the extra-curricular sport or activity is scheduled.

CONTINGENCY PLANNING:

At least one supervising adult will have access to a cell phone and first aid kit. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In addition, supervising school personnel are required to record the details of any serious injury that may occur during athletic events and activities and, as soon as practicable, complete an on-line *Incident Report* submission.

BUDGET:

ITEMIZE THE COSTS ASSOCIATED WITH THE SPORT

INSERT BUDGET STATEMENT SPREADSHEET

POLICY REGARDING CANCELLATION OF TRIP/REFUNDS:

NOTE: If an extra-curricular seasonal sport budget requires the payment of a deposit and/or monies either in advance of the season or during the season and the extra-curricular athletic event(s) is cancelled either in part or in whole, or the schedule/itinerary altered, neither the school nor the Board shall be liable for any refund either in part, or in whole.

TRAVEL/MEDICAL/ACCIDENT INSURANCE:

Unless notified otherwise, the extra-curricular sport and/or athletic event in which your child is participating has not arranged group insurance for Travel and/or Accident Insurance. Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired.

Individual student Accident Insurance can be obtained from www.iapkidsplus.com.

MEDICAL/EMERGENCY CONTACT INFORMATION:

Parents/guardians are required to fill in the separate medical/emergency contact information form. The information provided on the medical/emergency contact information form is critical for guiding appropriate medical responses if needed.

PARENT AND STUDENT RESPONSIBILITY:

Parents/guardians have the responsibility to determine whether the student may participate on the INSERT SPORT Team as demonstrated by the completion and signing of an *Informed Consent* form.

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Students must complete the appropriate Student Awareness of Risk and Responsibility form.

Parents/guardians have the responsibility to arrange extra accident or liability insurance.

Sincerely,

_____

INSERT NAME OF SCHOOL BOARD EMPLOYEE

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Return this Informed Consent Approval to School

SECONDARY EXTRA-CURRICULAR ATHLETICS
SEASONAL SPORTS/ATHLETIC EVENTS

INFORMED CONSENT APPROVAL

For: **INSERT LOW-RISK ATHLETIC PROGRAM**

PARENT/GUARDIAN PERMISSION

A student **must** have parent/guardian written and signed permission in order to participate in any extra-curricular seasonal sport and/or athletic event. Without this signed consent, students will not be able to participate in extra-curricular high school sports in North Vancouver School District No. 44.

PARENT/GUARDIAN CONSENT

I, _____, have read the full Informed Consent document that
Print Parent/Guardian's Name

pertains to my son/daughter _____'s participation in this extra-
Print Child's Name

curricular sport and/or athletic event. I am aware of the inherent risks and potential consequences that may occur as a result of participation in this extra-curricular sport and/or athletic event. My signature here indicates that my child has my informed consent to participate in the stated extra-curricular seasonal sport and/or athletic event.

Signed _____ Dated: _____