



kelty mental health
resource centre

BC's Information Source
for Children, Youth & Families



How can we help?

We can offer:

- help from a professional or a parent peer support worker
- information on mental health & substance use
- resources on eating disorders for all ages
- options for support & treatment in BC
- support for those struggling with mental health & substance use issues—children, youth, parents & families
- tips for self-help & prevention
- free educational events for families, educators & clinicians

We have information on...

Addictions | Anger Management | Anxiety |
Attention Deficit Hyperactivity Disorder |
Concurrent Disorders | Depression | Eating Disorders |
Mood Disorders | Obsessive Compulsive Disorder |
Psychosis | Schizophrenia | Self Help and Prevention |
Self-harm | Stress Management | Substance Use |
Suicide Prevention | Trauma | *and more...*



BC CHILDREN'S HOSPITAL SITE

Mental Health Building #85, Room P3-302, 3rd floor

4500 Oak Street Vancouver BC V6H 3N1

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BC Mental Health &
Addiction Services

An Agency of the Provincial Health Services Authority

kelymentalhealth.ca

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