



**North Shore
Neighbourhood
House**



StrongStartBC is a drop-in early learning program for preschool-aged children accompanied by a parent or caregiver

Program is free of charge for parents/caregivers attending with their preschool aged children

In North Vancouver, the StrongStartBC program is delivered in association with the North Shore Neighbourhood House



Centres are facilitated by qualified early childhood educators leading learning activities, including stories, music and art to help children get ready for success in kindergarten



StrongStartBC program emphasis is on 3-5 year olds

Parents and caregivers are likely to discover new ways to support their children's learning at home, and may make valuable connections with others attending the centre



Activities at StrongStart include:

- organized activities such as story time, music, singing
- access to books, art materials, and puzzles
- play areas that promote creativity, exploration, individual and group play (e.g. water, sand, clay, blocks)
- movement and large muscle activities
- snack time, with food that models healthy eating
- opportunities for outdoor experiences
- possible outings in the community (e.g., to the beach, the park, the swimming pool, the library).



North Vancouver StrongStartBC is located at:

Westview Kids' Club Centre

Westview Elementary School

641 West 17th Street

North Vancouver, BC

Program Hours:

Monday, Wednesday and Thursday 12:00 p.m. – 3:00 p.m.

Tuesday and Friday 9:15 a.m. – 12:15 p.m.



Facilitator:

Carol Lundrigan 604-987-8138