

L'Ecole Sherwood Park School

A Message From Our Principal...

The air is fresh and cool and the trees are ablaze with the fiery colours of fall. Students and teachers are well settled into the rhythms of school. Interestingly now is the time when people want to challenge routines and push boundaries. This can be a source of renewal and positive energy. Witness some things that are happening in our school: Students in grade 6 and 7 are self-organising to come up with creative ideas where they can get engaged and provide leadership both to the school and to the wider community. One class is experimenting with using edmodo - a way of connecting students to their teacher and class using a secure web interface. Additionally, Sherwood Park itself is sharing events and news through twitter (<http://twitter.com/sherwoodpark44>) and a blog (<http://sherwood-park-elementary.posterous.com/>). The PAC at Sherwood Park has their own blog too! (www.sherwoodparkpac.posterous.com).

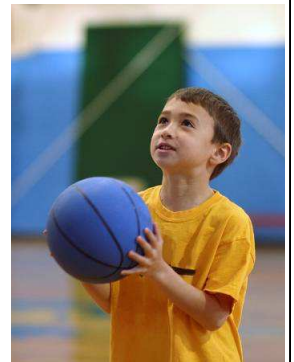
Pumpkin pie and crunchy leaves are great things about fall. Our fall traditions at Sherwood Park continue

to be strong as well.

Cross Country is in full swing. I have had the honour of attending two of these meets so far and what impresses me most is how hard the students are trying in the complete absence of medals or rankings.

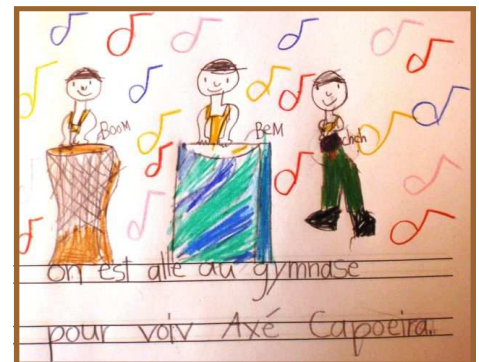
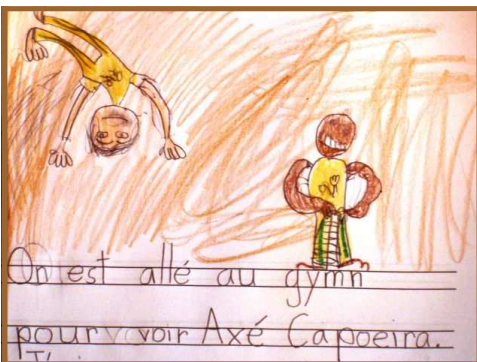
Basketball season is here and the kids are practicing and playing games thanks to parents and staff. I love watching the dedication and focus of the kids.

Our parents organised a wonderful fall carnival that was a joy to participate in and it built strong community connections. I have also been able to visit every class and witness the outstanding things going on in the school.



-Mr. Joe Campbell

What a Performance! Axé Capoeira Was Here...



These are some drawings from Mme Jefferson's class depicting the "Axé Capoeira" performance by the Aché Brasil group. They were at Sherwood Park on October 5th.

In the late 1500's, men and women from the West Coast of Africa were captured by Portuguese slave

traders and brought to what is now known as Brazil. Almost immediately, they began dreaming of ways to gain their freedom and so developed a martial arts style that would eventually become known as "Capoeira" (kah-poo-AIR-ah). In order to hide this fighting style from their mas-

ters, the African slaves combined dance, music, ritual, acrobatics and martial arts into what appeared to the slave owners to be a harmless game—a game that would eventually help the slaves gain their freedom.

Thank You to Our PAC For a Great Carnival!





Emergency Exits at Sherwood Park



After emerging from the North Vancouver Fire Department simulated burning house, a grade 3 girl said to me with a glowing face: "I knew I was going to love grade three!". This looked so fun, some grade six kids expressed their sadness that they did not get the opportunity to participate and practice the skill of leaving a burning house. Kudos for the North Vancouver firefighters for bringing this to us.

Please check Lost and Found for any of your child's clothing.

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Please call 604-903-3812 if your child will be late or absent!

Important Dates

- **Fri. Oct. 21** - BC Professional Day (students not in attendance)
- **Oct. 24&25** - Early Dismissal at 1:50pm
- **Oct. 31** - KidsEat
- **Tues. Nov. 1** - Sherwood Park Professional Day (students not in attendance)
- **Nov. 6** - Clocks back one hour
- **Fri. Nov. 11** - Remembrance Day (students not in attendance)
- **Nov. 14-18** - Grade Six at Outdoor School
- **Mon. Nov. 28** - KidsEat



Please donate your Canadian Tire dollars for our upcoming Seycove Auction!
We have a box in the office!

WHEN TO KEEP SICK CHILDREN HOME?

Keep your child at home if he/she:

- Has symptoms such as persistent cough or sore throat, a constant runny nose, vomiting or diarrhea, a rash of unknown origin, or a fever
- Is too sick or lethargic to participate in normal school activities

Consider:

- The illness can spread to other children, their families and school staff
- Your child's recovery can be delayed without adequate rest
- The school's inability to care for an ill child

For more information call:

Public Health at 604-983-6700, your family Doctor or Health Link BC 24 hours a day at 811

Sneezes and Diseases, a resource book about childhood illnesses

<http://www.vch.ca/media/SneezesDiseases.pdf>

BC Health Guide/files online:

www.bchealthguide.org/healthfiles

(submitted by North Shore Health)



Sherwood Park School

4085 Dollar Road Phone: 604-903-3810 Call Back Line: 604-903-3812

"Be Safe, Be Respectful, Be Inclusive, Be Compassionate, Act With Integrity"

<http://www.nvsd44.bc.ca/SchoolSites/SherwoodPark.aspx>