



L'Ecole Sherwood Park School

Calm Amidst Change

Recently the Provincial Education Ministry released a vision of change for British Columbia Schools. You can see it at bcedplan.ca. I have spent a great deal of time in my career examining educational change. My response to the new bcedplan (and indeed much of the clamour to 'change') is 'don't panic'.

I know that when I walk around Sherwood Park and observe classes I am seeing extraordinary teaching and learning. Much of what the Ministry is presenting as a vision is already occurring or is in the process of being adopted. What I notice is that we are doing this calmly and with respect to our local community and children.

One thing you may notice this winter and spring is the careful addition of information technology to classrooms to enhance communication as well as teaching and learning.



We can use things like Edmodo, Weebly or Twitter to build community and connections between school and home. We can also wisely use hardware and software in the hands of teachers and students to create rich learning environments that are engaging and flexible. One recent example is how a group of

grade seven students planned and organized the wonderful Remembrance Day ceremony using Edmodo. I was so impressed with their hard work. I will share this and as many other stories as I can through my blog - campbellwells.posterous.com. You will see other teachers sharing their struggles and successes too on their class websites or their blogs.

But technology is not the only thing. You will notice our school community working together on our grounds to keep transforming and improving our learning gardens. Staff, students and families will be weeding, moving dirt, building landscapes, and planting. Interestingly, this connection with the natural world has outcomes such as building community and enhancing teaching and learning. I am so happy that our community values this interface with nature as important and worth promoting as well.

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-Mr. Joe Campbell, Principal

Our Remembrance Day



We had a beautiful, yet solemn, Remembrance Day Assembly on November 10th at the school.

Our grade seven students did a fabulous job of organizing it. Thank you so much for all your hard work! Our veterans would be proud.

A Lot to Learn at the Bighouse...



We pause for a moment to admire the trees on our walk to the Big Cedar.

The Hunters and Fishers are a picture of concentration as they prepare the salmon for our feast.



Members of the Woodworkers Family Group from Ms. Howick's class busily prepare carrots for our Bighouse feast last month. Many thanks to Gina Lazarowich, Lisa Omeasoo, John Gerbrecht, Stephanie Tsokas, and Kristel Niro who were amazing Parent Elders!

Scholastic Book Fair - December 5th - 8th

Although Mme McLeod is taking a brief medical leave (set to return in January), she is still determined that the big Scholastic Book Fair will go ahead as planned. This is a big fundraiser for the school library, making possible the purchase of many new and exciting books for our library shelves. It is



also an exciting pre-Christmas event, allowing kids and their parents to find some great reading just in time for the holidays.

Because Mme McLeod will not be doing any of the physical labour required to set up on the afternoon / evening of Friday, Dec. 2nd (nor the take down exactly one week later,) this means that **a team of parents, perhaps aided by some senior students, will be needed** to work, under the direction of Mme McLeod,

to put things in place.

If you think you will be able to be a part of the set-up and / or take-down team which will ensure that the fair can go ahead after all, please email Mme McLeod at pmcleod@nvsd44.bc.ca to let her know. She will be so grateful (relieved), and promises to get back to you in late November to confirm plans. Thank you so much for helping us with this.

PAC News...

Hello Parents! There has been so much going on that we are not sure where to start. The PAC has hosted two meetings this year. As you may have noticed, we have switched the dates a bit as the entire executive has conflicts on Tuesday evenings. We will be setting the balance of the meetings shortly and will communicate those dates to you as soon as we have cleared the times with the office. Thank you for your understanding.



In regards to fundraisers, we would like to thank all those who

supported our **JJBean** coffee and **Purdy's** chocolate fundraisers. Our next fundraiser is a new one to the Sherwood Park Community and is intended to benefit those less fortunate this holiday season.

We are pleased to announce a new event that we'll be hosting: a **Family Pancake Breakfast on**

December 16th before school.

Families are welcome to attend and admission is by donation at the door. Enjoy some delicious homemade pancakes with maple syrup, berry compote and whipped cream. Sip on some hot chocolate or a warm cup of coffee

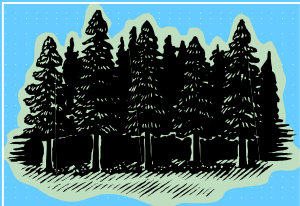


while listening to the school choir sing carols. Details will be coming home to you shortly, so stay tuned. **This year all funds raised from this event will be donated to North Shore Family Services.**

We are pleased to announce that the PAC has earmarked some of its technology fund! Stay tuned for updates as Sherwood Park embarks on this exciting voyage. Once the initial phase is installed in the school, the PAC will be hosting an evening for parents to come and see how this technology will impact our children in the classroom.

Thank you for your continued support.

-Your Sherwood Park PAC



"A little rain doesn't dampen the spirit of Grade 6 and 7 students starting the year off with a hike up Mount Seymour."





HEAD LICE

Reminder to families that head lice is a common issue among school-aged children and one that can affect the entire family.

Facts on head lice:

- They are tiny insects about the size of a sesame seed and live only on the human head.
- They are not caused by being dirty. Anyone who has hair can get head lice.
- Head lice bites can make the scalp itchy but they do not cause disease.
- You cannot get rid of head lice with a hair brush or hair dryer.
- Lice are wingless - they do not jump or fly but rather spread by DIRECT head-to-head contact.
- Lice also spread through sharing personal articles such as hats, combs, brushes, helmets, pillows, scarves etc.

The best way to reduce the risk of getting head lice is to:

- ✓ Check each family member's head EVERY week.
- ✓ Provide individual combs and brushes for each family member.
- ✓ Teach children to avoid sharing items that come in contact with their head or neck (towels, helmets, hats, scarves etc).
- ✓ Tie long hair back.

If you discover that your child has head lice please report this to the school office and they will provide you with information regarding treatment options. Children with head lice may remain in school during the treatment period.

If you have any questions or suggestions for future topics, please call the On-Call Nurse for the Child & Youth Team at 604-983-6714.

November 2011

The **FLU Season** is coming...

Here are some ways to protect your family from the flu:



- ✓ get your annual flu shot



- ✓ wash your hands often, and for at least 30 seconds



- ✓ stay well rested



- ✓ eat nutritiously

Flu vaccine is recommended for all people for prevention of flu. You can purchase it through many pharmacies, Dr's offices, and travel clinics.

Flu shots are free of charge for:

- ❖ People with chronic illnesses
- ❖ Babies between 6 and 24 months of age
- ❖ People 65 year old or over
- ❖ Pregnant women who will be in their 3rd trimester during the flu season
- ❖ All household contacts of the above listed persons

For a more extensive list of who is able to receive free vaccine and to find a free or pay flu clinic near you, go to www.immunizebc.ca

Mark Your Calendars

- **Mon.Nov.28** - KidsEat hot lunch
- **Dec.5-8** - English Scholastic Book Fair
- **Tues.Dec.6** - Choir at Lynn Valley Centre 1:30pm
- **Wed.Dec.7** - 1:45pm and 7pm Band and Choir Concert
- **Mon.Dec.12** - KidsEat hot lunch
- **Dec.13 & 15** - Winter Concert 7pm
- **Fri.Dec.16** - 8:00 am Pancake Breakfast
- **Dec.19 - Jan.2** - Winter Break (school closed)
- **Tues.Jan.3** - School re-opens (*note: Tues*)
- **Mon.Jan.9** - KidsEat hot lunch
- **Mon.Jan. 16** - Curriculum Implementation Day (students not in attendance)
- **Mon. Jan.23** - KidsEat
- **Mar.12 - Mar.23** - Spring Break (school closed)



PAC News....Want to know more about our Parent Association and what's going on?

Read our Sherwood Park PAC's meeting minutes! Just go to this website:

<http://sherwoodparkpac.posterous.com/pages/meeting-minutes>

Congratulations to Sherwood Park 2011 Cross Country Team

Kian Azizi	Alex Couvell	Jacob Hanna	Thomas McQuarrie	Taras Soychuke
Jamie Ball	Ryan Crema	Nicole Hanna	Astaria Menzies	Joe Sutcliffe
Karlee Beaulieu	Emielia Dahl-Sam	Emily Hodgins	Gabriel Menzies	Colleen Tetzlaff
Erin Bernard	Maxwell Dahl-Sam	Nicole Hoh	Rosie Mitchell	Emily Tetzlaff
Teagan Black	Daniel Edel	Ava Hughes	Masi Niro	Megan Thornton
Tereza Blahova	Jamie Edel	Alex Hutchison	Olivia Pepin	Julia Traicu
Ashley Blouin	Ethan Eng	Anna Jefferson	Logan Read	Isabelle Vaux
Katie Boughen	Joshua Eng	Caden Jenkins	Taylor Read	Nicky Vaux
Alec Bowbrick	Sophie Erskine-Bees	Eddy Jorgenson	June Reisner	Jolene Verdicchio
Aaron Brandys	Kian Farrokhi	Tatiana Lecompte	Max Remmler	Robbie Wharton
Emily Brossard	Cooper Ferguson	Jorja Lewis	Kayla Robinson	Alex Wiggins
Kaya Brossard	Adam Gerbrecht	Kai Lewis	Sasha Sanders	Teah Wilson
Jessica Bullen	Evan Gerbrecht	Adam Lucas	Clarke Saunders	Devin Woudenberg
Jack Burnett	Ruby Gilson	Jack Lucas	Jessie Saunders	Brayden Yuen
Laura Casas	Trinity Graham	Josie Mara	Kai Schulz	Ella Zinck
Ayden Churchman	Logan Grace-Wilson	Camryn McCarthy	Tamara Soltys Lee	
Rayven Rigato-Conde	Carson Grata	Ryan McEachern	Tegan Soroka	
Iain Copland	Logan Hall	Ann McQuarrie	Ryan Sostad	

Cross Country Running - What A Season It Was!

Well, the Cross Country running season is all wrapped up for another year. This season, not only did Sherwood Park have the biggest Cross Country running team our school has ever seen, but it was likely the biggest elementary school team North Vancouver School District has ever seen!!! Just take a look at the huge team roster below!

It was inspiring to see this large group of energetic and determined young Sherwood Park athletes from Gr. 3 - 7 set and surpass personal athletic goals this fall. Many very fit and enthusiastic parents joined the team for training runs, and cheered the kids on



- even in the rain - each week. Four District-wide meets were held around North Vancouver, with the first one held close to home at Cates Park and sponsored by our

own school for the 11th season in a row. After meets at Inter-River Park and Carisbrooke, everyone ended up back at Cates for the final meet, where our school led the 4th-annual "Cross Country Gives Back" initiative, where

all North Vancouver elementary runners worked as a team to collect donations of much-needed food and toiletries for the Harvest Project. Thanks to the support of volunteer parents at Sherwood Park, these donations have now been delivered to the Harvest Project's new location on Roosevelt in North Van. Thank you to everyone who participated in this!



We really benefited from having some very enthusiastic and talented Grade 7 runners on our team this year. Not only were all of them strong and determined, but they provided excellent leadership and inspiration for the younger athletes on the team. Congratulations go to: Iain Copland, Ja-



mie Edel, Evan Gerbrecht, Adam Lucas, Emielia Dahl-Sam, Ava Hughes, Anna Jefferson, Taylor Read, June Reisner, and Isabelle Vaux. We should also acknowledge Chris Madill, who was brave enough to become involved as a District "rabbit" leading all of the runners around the course at every meet this season. We encourage these senior runners to consider beginning Grade 8 by signing up early for the Cross Country team at their high school. We know we'll be hearing exciting things about these young athletes in the future. (By the way, when you look at the roster, you might notice that most of those Grade 7s listed starred in the school musical last year, as well! Amazing!)



This season was truly a "team" effort. Teachers Tanya Jefferson, Liette Johnson, Susan Yaniv, Megan Wheatley, Val Jessiman and Pamela McLeod would particularly like to thank all of the parents for their involvement with, and support of, the team this year. We have been in awe of the enthusiastic support of so many of you who have shown up week after week to run with the group and help out in any way you could. For offers of support at practices, with meets, with washing or handing out uniforms, and with trucking equipment and food donations to and from events, Sherwood Park thanks you all. No wonder your kids are so wonderful; you are such great role models.

Look for all of us out there on the trails!



Come And See Our Winter Concert!

There will be two Winter Concerts on December 13 and December 15 this year. Both concerts will be in the gym and will start at 7:00 pm. These concerts will involve all Sherwood Park students on selective nights and **students must be in their classrooms by 6:45pm.**



On Tuesday December 13:

M. Hollyer- Grade 6/7
Mme Wheatley- Grade 6/7
Mrs. Oates/ Ms. Richter- Gr. 5/6
Mme. Baker/Mme. Kellmann- Gr.4
Ms. Howick/ Mr. Sled- Gr.4
Mme Rothe- Grade 3
Mr. Cunliffe- Grade 1/2
Mrs. Daley- Kg.
Mrs. Meilleur- Kg.

On Thursday December 15:

Mrs. Fritzlan- Grade 7
Mme Yaniv- Grade 5/6
Mr. Edgar- Grade 5
Ms. Butterfield- Grade 2/3
Mme McDonald- Grade 2/3
Mme Johnson- Grade 1
Mme Jefferson- Grade 2
Mme Alvano- Kg.



We Have Winter Choir Too!

Winter Choir Concerts:

Dec. 2 - Parkgate Library @ 1:45 p.m.

Dec. 6 - Lynn Valley Centre Performance
@ 1:30 p.m.

Dec. 7 - Band and Choir Concert in afternoon @ 1:45 p.m.
and evening @ 7p.m. at Sherwood Park School



Lost And Found

Please check our Lost and Found in the hallway between the office and the library!

We have your thermos, your hoodie, your sweater and that pair of boots for which you have been looking! Come and rescue them before they get donated!



Please call 604-903-3812 if your child will be late or absent!



Save all your holiday shopping **Canadian Tire Dollars** and donate them to the upcoming **Seycove Auction**. This Auction helps our school. We have a donation box in the office!



Sherwood Park School

4085 Dollar Road Phone: 604-903-3810 Call Back Line: 604-903-3812

"Be Safe, Be Respectful, Be Inclusive, Be Compassionate, Act With Integrity"

<http://www.nvsd44.bc.ca/SchoolSites/SherwoodPark.aspx>