

## SOCIAL SCIENCES

### **PSYCHOLOGY 11 (YPSYC1A) (Skills for Life)**

**[open to students in Grades 11 and 12]**

*What makes you think, feel and behave a certain way? Who are you? What influences shape you to be who you are and have become? Where do you belong? Are you an extrovert or introvert? What made you this way? Nature or Nurture? What do you believe?*

These are some of the questions that we will explore and try to understand in this course. Psychology is a very interesting field of study concerned with the mind and human behaviour. It is a young science that attempts to explain why people act a certain way under given circumstances. Psychology pushes towards greater self knowledge by making us aware of our actions and personalities. Using critical thinking skills and examining the different theories presented in contemporary psychology, this course will speak to your everyday life at school, at home, amongst friends, and later in your working life. "The purpose of psychology is to give us a completely different idea of the things we know best." (Paul Valery)  
Psychology is everywhere. Reclaim your brain and take this Seycove Psychology course!