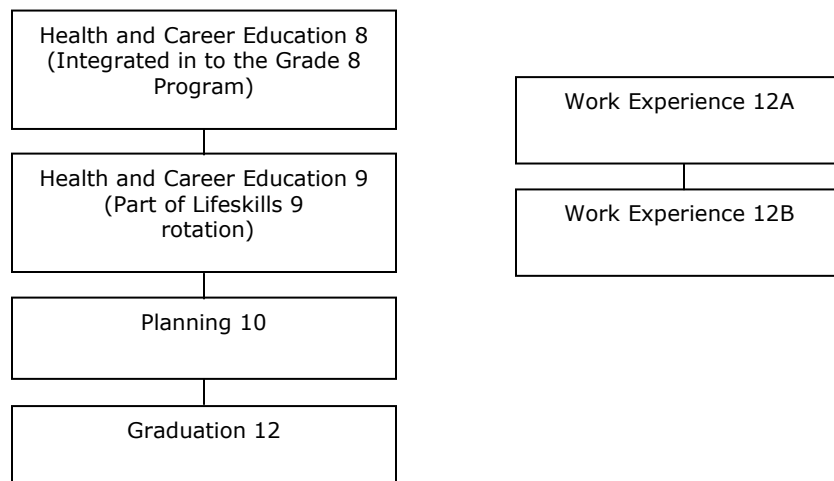


PLANNING AND WORK EXPERIENCE

The Planning curriculum focuses on preparing students to make informed decisions in all aspects of their life and to implement plans in order to meet their personal, education, and career goals. It also prepares students to effectively meet the challenges of the changing workplace, primarily through projects and applied learning.



In the Planning curriculum students set educational goals, develop plans to achieve them, and study topics that promote career and personal development. Students are encouraged to take increased responsibility for their learning, and through self-assessment activities students develop an understanding of themselves as learners. The information gathered assists students in making personal decisions and in making future choices regarding course selection, post-secondary directions, leisure pursuits, and career choices.

Throughout the Planning program students are assisted in developing time management and organizational skills. The use of the agenda book is mandatory. All Planning curricula include health and career education. Planning 10 is in the computer lab, enhancing the technology skills of the students. Grade 9 students will continue focusing on self, social awareness, healthy living, and decision-making and begin to explore career development. In Grade 10, the Planning 10 course continues with health topics and issues and with education and career development. It also introduces the student to social responsibility through involvement in a community challenge program. Students are introduced to Powerpoint presentations and the world of work.

During the students' Grade 11 and 12 years, 30-hours work experience is a graduation requirement. Work experience provides students with an experiential opportunity to explore career directions identified through self-assessment activities. Together with career exploration activities and personal planning skills, work experience helps students to understand employability skills and to gain familiarity with workplace expectations.

* Students will be supported in meeting the required Ministry graduation standards in their grade 12 year. These standards include:

- A graduation transition plan that will help students set goals for post-secondary education or career pursuits (through Graduation 12 course)
- 150 minutes per week of daily physical activity
- 30 hours of work experience or community service

COURSES

PLANNING 10 (PLAN10)

Planning 10 is designed to help students develop the confidence and skills they need to become self-directed individuals who display initiative, set priorities, make thoughtful decisions, and take responsibility for pursuing their goals in a changing society. Some key topic areas in Planning 10 include: goal setting, "hero" PowerPoints, social responsibility, finances and budgeting skills, workplace safety, graduation and course program planning, career research and aptitude development, job shadow, personal health and wellness, alcohol and drug awareness and safety, sexual education, decision making skills, healthy relationships and assertiveness skills.

PLANNING AND WORK EXPERIENCE

Students in Planning 10 will complete the WorkSafe BC youth safety certification which must be completed in order to take part in the Work Experience program in grades 11 and 12. They will also spend several weeks working through a Career program called "Type Focus" which allows students to complete a variety of online aptitude and values tests as well as explore Canadian based careers and post-secondary schools and other options. Students will be able to have unlimited access to this career programs website for the rest of their lives and can go back in and re-do tests as their skills and interests change and develop over the years. The Job Shadow experience is one that students find extremely useful and exciting. Students will be responsible for making a "cold call" and finding their own job placements in an area of interest. They will spend one day shadowing at the place of business and will present their experiences to the class at the end of this unit. An interesting aspect to Planning 10 is the variety of guest speakers and multi media presentations that are offered in class.

GRADUATION 12 (GT12)

Graduation 12 is intended to prepare students for a successful transition to life after secondary school. In order to meet this goal, the Graduation 12 course encourages students to:

- take ownership of their own health and learning
- examine and demonstrate connections between their learning and their future
- create a plan for their growth and development as skilled, healthy, knowledgeable, participating citizens
- exhibit attributes of a BC graduate

The Graduation 12 course is an opportunity for students to reflect on their knowledge and abilities and plan for life after graduation by collecting evidence of their achievements in the following required areas:

1. Personal Health:

Daily physical activity and a commitment to physical and emotional well-being are key to healthy living. In this component of the course, students develop the knowledge, attributes, and habits needed to be healthy individuals by maintaining a personal health plan, learning about outside resources in our community and participating in at least 150 minutes per week of moderate to vigorous physical activity. Successful completion of YHRA11/12 Strength and Conditioning or PE12 Community & School Recreation will meet this requirement.

2. Community Connections:

Life after graduation includes the world of work and community responsibilities. As part of the Graduation 12 course, students gain employability skills through participation in at least 30 hours of work experience and/or community service as well as taking part in a community Leadership/Social Responsibility Project.

3. Career and Life:

Graduation 12 requires students to explore personal and career goals during their secondary school years and create a plan for life after graduation. Transition planning is an ongoing process throughout the graduation program years and requires the completion of a transition binder, culminating in a final Grade 12 "Presentation of Self" exit interview.

WORK EXPERIENCE 12A AND 12B (WEX12A and WEX12B)

100 hours

Students enrolled in Work Experience complete 100 hours of coursework that may help students with career decisions. Students are given assistance in job placement opportunities that are relevant to them and their focus area. Students further develop their resume and understand the importance of cover letters, thank-you letters, work safety, employability skills, interview skills, and the decision-making process. Students continue to examine their interests, values, and skills to help them discover appropriate career paths. The 100-hour work experience component of this course can be completed by way of work experiences including job shadowing, mentoring, volunteer service, and on-site work experience. Students and employers and supervisors are required to complete a work experience evaluation form (for each different job/volunteer location). Completed forms are submitted to the Work Experience Facilitator. These forms are located in Student Services. Grade 11 students may enter Work Experience 12B if they have completed 12A for a further 4 credits. Each Work Experience 12 course is a 4-credit graduation course. All students must complete the WorkSafety certification prior to heading out on placements. The mandatory 30-hour work experience graduation requirement will also be satisfied through the 100-hour course.