

SEYCOVE GRAD 2009 – 10 BULLETIN
November 30th , 2009 Issue # 6

This is your sixth edition of Grad Bulletin.

- **The One Stop Career Shop (15 Chesterfield- suite A), in partnership with Vancouver Coastal Health, will present a Free Workshop for youth: Dealing with Stress and Anxiety on Thursday, December 3rd, 12 noon – 4:00 pm. Please call to make an appointment at 604-988-3766.**

SCHOLARSHIP

- **Outdoor School Alumni Scholarship (\$500)** – This scholarship fund recognizes graduating high school students who have demonstrated an outstanding commitment to environmental and social leadership. Applicants must be a grade 12 student; plan to attend a post-secondary institution upon graduation, have counselled at Outdoor School at least two times between grades 10 & 12 (one time must have occurred in grade 11 or 12). Have shown a commitment to and social leadership. Return the application with photocopies of two counselor evaluations and an interim report card. Application forms are outside Ms. Roberts office. *Original copies must be postmarked by March 16, 2010.*

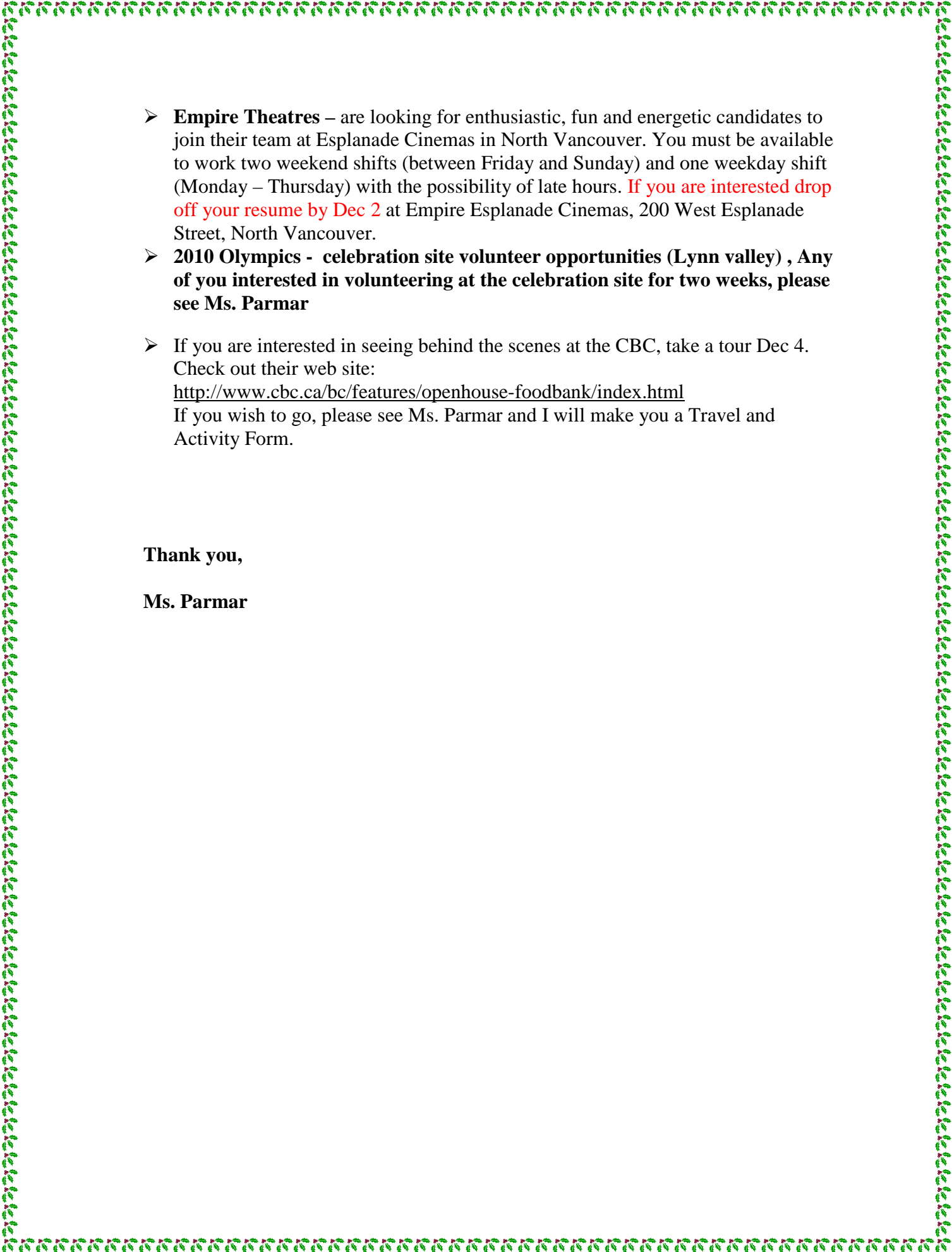
Reminder:

- **Violet Richardson Award** – Are you a young woman between the ages of 14 & 17 who volunteers in your community or school? Do you see challenges instead of obstacles? Hope instead of despair? If you are a young woman who believes in the power of volunteer action, then you be eligible to win a Violet Richardson Award. This award recognizes young women who make the community and world a better place through volunteer efforts such as: fighting drugs, crime and violence; cleaning up the environment; and working to end discrimination and poverty. Volunteer actions that benefit women or girls are particularly encouraged. *The second attachment is the application for this scholarship.*

POST-SECONDARY

- **Capilano University** – General information night – Tuesday, December 8th, 7:15 – 8:45 pm, Library building, room 322.
- **Kwantlen Polytechnic University** – Fashion Portfolio Exhibit – Thursday, December 10th, 12noon – 6pm, chance to mingle with fashion program students and faculty. Find out about the Diploma and Degree program at Richmond campus, 8771 Lansdowne Rd, Richmond.

Other Info

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- **Empire Theatres** – are looking for enthusiastic, fun and energetic candidates to join their team at Esplanade Cinemas in North Vancouver. You must be available to work two weekend shifts (between Friday and Sunday) and one weekday shift (Monday – Thursday) with the possibility of late hours. **If you are interested drop off your resume by Dec 2** at Empire Esplanade Cinemas, 200 West Esplanade Street, North Vancouver.
 - **2010 Olympics - celebration site volunteer opportunities (Lynn valley) , Any of you interested in volunteering at the celebration site for two weeks, please see Ms. Parmar**
 - If you are interested in seeing behind the scenes at the CBC, take a tour Dec 4. Check out their web site:
<http://www.cbc.ca/bc/features/openhouse-foodbank/index.html>
If you wish to go, please see Ms. Parmar and I will make you a Travel and Activity Form.

Thank you,

Ms. Parmar