



# Queen Mary Community School

230 West Keith Road, North Vancouver, B.C.  
V7M 1L8 Ph.(604)903-3720 Fax.(604)903-3721  
[www.queenmary.ca](http://www.queenmary.ca)

Newsletter Number 9

April 30, 2010

MISSION:

In the Queen Mary community we seek to create a RESPECTFUL, SAFE, ENJOYABLE learning environment where adults and children are empowered to maximize their strengths in the PERSONAL, SOCIAL, and ACADEMIC areas.

## REMINDERS

### CALLBACK

Please call the school on our 24-hour call-back line at **604-903-3720** if your child will be late or absent from school.

### SCHOOL HOURS

Office Hours:  
8:30am-4:00pm

### Grades 1-7:

9:00 am - 2:45pm  
recess 10:30-10:45  
lunch 12:00-12:40

### Half-Day Kindergarten

9:00 am - 11:30am

### Full-Day Kindergarten

9:00 am - 2:45 p.m.  
lunch: 12:00 - 12:40

There is **NO** supervision before or after school. Please have your children arrive at the school about 8:45 am and leave the school grounds promptly when dismissed after school.

### Home of.....

**QM Preschool/ Daycare:**  
Karen Feaver 604-985-1214

**QM Out of School Care:**  
Karen Feaver 604-987-7073

### QM Community

#### Services:

Doug Feaver,  
Executive Director  
604-987-7073

### QM Community

#### Project Coordinator

Debbie Mahal  
604-987-7702

### PAC Executive:

Chair: Desiree Young  
Vice-Chair: Kim Skeath  
Treasurer: Sussan Clyde  
Secretary: Colleen Frampton  
D-PAC Rep:



Dear Parents,

On Thursday, May 33, from 7 to 8 pm, the Queen Mary Community Gardens (QMCG) will be holding an informal meeting for the discussion of the upcoming installation of two European honey bee hives, into the Queen Mary Community Garden Apiary on Saturday, May 29, the day designated by the Province of BC as Honey Bee Awareness Day. We would like to invite you to attend this meeting:

- The parents of children attending Queen Mary
- Interested faculty of Queen Mary
- All or any of the Queen Mary Community gardeners,
- And any and all interested local residents



There will be a small presentation by the QMCG beekeepers, Ric Erikson and Sharon Lisette, followed by a question and answer period with the participation of:

- Lianne Shyry, a North Shore beekeeper, supporting the North Vancouver proclamation of Honey Bee Awareness Day,
- Heather Johnstone, Project Coordinator, Edible Garden Project,
- Sharon Lisette, QMCG assistant garden coordinator, and
- Ric Erikson, QMGC beekeeper.

There will be an opportunity to view the apiary at the end of the meeting for interested parties.

Sincerely,

Bill Reid, Principal

Debora Benedict, Vice Principal

**THIS IS AN IMPORTANT NOTICE. PLEASE HAVE IT TRANSLATED.**

這是重要通知，請找人翻譯。

Ceci est un avis important. Veuillez vous le faire traduire.

Dies ist eine wichtige Nachricht. Bitte lassen Sie sich die folgenden Seiten übersetzen.

これは重要なお知らせです。どなたかに翻訳してもらいましょう。

중요한 공지사항입니다. 이 내용을 번역해 주십시오.

این اطلاعیه مهمی است. لطفاً از کسی بخواهید این اطلاعیه را برای شما ترجمه کند.

Este aviso es muy importante. Pida que alguien se lo traduzca.

Ito ay mahalagang patalastas. Mangyaring ipasalin ito sa inyong wika.

Đây là thông báo quan trọng. Xin nhờ người phiên dịch.



Queen Mary Grade 5 and 6 Students at Outdoor School – Dinner Time, April 14, 2010

### **MAY CALENDAR**

- May 2 10:30 – 3:30 pm Outdoor School Open House at Paradise Valley
- May 3 3:00 pm Track and Field Mini Meet at Norgate and Westview
- May 5 9:00 am Water Conservation Play in gym
- May 7 Division 1-7 to Playland for day; Div 15,16,17 to Maplewood Farm for day
- May 10 Curriculum Implementation Day – School Closed
- May 11 3:00 pm Track and Field Mini Meet at Westview and Norgate
- May 13 7:00 pm “BEE” Awareness Session in gym
- May 17 8:45 am Parent Coffee morning in the library
- May 17 3:00 pm Field Elimination Meet at Capilano and Westview
- May 18 12:00 pm Track Elimination Meet at Handsworth
- May 20 12:00 pm Grade Sevens to Balmoral for afternoon
- May 21 Family Fun Day – All Day !
- May 24 Victoria Day – School Closed
- May 27 2:30 pm Volunteer Tea



### **QUEEN MARY BAND PROGRAM**

This week, our band teacher is distributing registration forms for the program for the 2010/2011 school year.

In addition, last week our grade 4 students were treated to instrument demonstrations by Long and McQuade and Tom Lee Music, with the assistance of our own grade 5, 6, and 7 musicians. The grade 4's had the opportunity to ask questions and try out any of the full selection of instruments brought in.

Instrumental programs provide each child with the joy and satisfaction of learning to play a musical instrument, which often becomes a life-long hobby. Playing an instrument in an ensemble not only introduces young people to the world of music, which some say comprises the only true universal language, it provides them with the opportunity of working with their peers to create something much greater than what they can do on their own. For this reason alone, playing in a band class is simply a very rewarding activity. The study of music has also been linked positively to academic achievement. Best of all, however, it's fun!



If your child is not presently in the Band Program, now is the time to think about getting them involved. You may wish to ask your son/daughter what they thought of the instrument demonstrations and whether the notion of joining an instrumental music program appeals to them. Our teachers will answer any questions you and/or your children may have, and they can be contacted at the school (604-903-3720).

WE MUST RECEIVE REGISTRATIONS NO LATER THAN MAY 7, 2010. All registrations must be accompanied by a payment, and additional signup forms are available from our band teacher and from the school office. The fee for 2010/2011 is \$400.00 per student. However, fees will rise to \$435.00 per student after September 1, 2010.

### **The Program**

The elementary band and strings program provides school-based instrumental instruction to students in the intermediate grades. Through a carefully nurtured support system, which includes the North Vancouver School District, the parents, students and teachers, the program has become one of the finest instrumental programs in British Columbia. The following skills are taught in each instrumental group:

#### **Music making skills**

Students learn how to keep time, hear pitch and control musical expression.

#### **Instrument playing skills**

Students learn how to hold an instrument, make the appropriate sounds and control the pitch of the instrument.

#### **Music reading skills**

Students begin with the basics of musical notation and progress to reading more complex music as their playing skills increase.

#### **Group skills**

Students develop the ability to work cooperatively and democratically in a group, building on the ideals of shared work, empathy and mutual support.

### **PLACEMENT REQUESTS**

We would like to remind parents that we are committed to ensuring that parents have input to the placement process for their children. Although the final decisions regarding placement for next year will not be made until late June, we are inviting any parents who choose to provide this input to forward the request in writing to the Principal before the end of May, 2010. We expect that these requests will be few in number and based only on clear educational reasons as to why the child requires a specific placement. Please do not request specific teachers and/or classroom configurations. These requests will be carefully considered as one of several criteria used in the very thorough and collaborative process of assigning students to classes. Please be aware that while we try our best to accommodate educationally sound parent requests in the placement process, we cannot guarantee them.

### **OPEN HOUSE - OUTDOOR SCHOOL**

*Sunday May 2<sup>nd</sup>, 2010. 10:30 am - 3:30 pm*

2170 Paradise Valley Rd., Brackendale, BC, near Squamish

(604)898.5422 or (604)980.5116

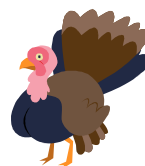
eMail: [nvos@nvds44.bc.ca](mailto:nvos@nvds44.bc.ca)

URLs: [www.nvds44.bc.ca](http://www.nvds44.bc.ca) // [www.nvos.ca](http://www.nvos.ca)

Please NO PETS

A Family fun day with Great NVOS BBQ - Picnic Food - Healthy Snacks & Beverages

Salmon Hatchery - Farm - Salish Bighouse - Archery Forest Lab - Paper Making Microscope Studies - Crafts  
Forest Walks - Canoeing - NVOSAS Silent Auction



May 2010

## Health Matters

### Tune in to Activity



Canadian children between the ages of 10 and 16 are spending 6 hours per day in front of a screen (e.g., computer, TV, video). Children and teens need about 9 to 10 hours of sleep a night and they're at school for 6 hours a day. When you add up the numbers, it leaves about 2 hours for activity, eating, and personal care. Teens who start working add even more pressures to their schedules. It's not surprising that most children and youth aren't meeting the recommended 90 minutes of activity per day. Encourage your children to reduce screen time and add some activity and fun to their day.

Inactive, female secondary students from West Vancouver gave us some tips on how to get them more involved in activity and Physical Education classes.

- Information about activities in the community (phone or visit your recreation centre)
- Low cost activities, e.g., walking on local trails, Frisbee in park
- More girls only choices
- More choices in Physical Education, e.g. yoga, community activities
- Less pressure for high marks in academics
- Physical Education marks that are based on effort and personal improvement

CAAWS (Canadian Association for the Advancement of Women and Sport and Physical Activity) has lots of information and resources on helping to get females interested in activity [www.caaws.ca](http://www.caaws.ca) as well as ProMOTION Plus [www.promotionplus.org](http://www.promotionplus.org).

If your son or daughter is inactive, talk to them about what would help to increase their activity.

## HERITAGE FAIR



## 9<sup>th</sup> ANNUAL

***Sea to Sky Regional Heritage Fair*** Saturday, May 1<sup>st</sup>, 2010 11am-3pm  
North Vancouver Museum and Archives History Centre & Lynn Valley Elementary, 3203 Institute Rd, N.V.

Its time for the **9<sup>th</sup> Annual Sea to Sky Regional Heritage Fair**: a cooperative endeavour between the **North Vancouver Museums & Archives**, the **B.C. Museum of Mining** and **schools in the Sea to Sky Region**. Join us for an afternoon of heritage and fun while enjoying the atmosphere of a community fair.

The Fair will feature a fun-filled collection of heritage themed activities and performers including:

- Performances by **Scottish Country Dancers**, **North Shore Celtic Ensemble**, **North Vancouver Youth Band**, and local musical act **Maria in the Shower!**
- Gold Panning with Yukon Dan
- Candy Making with the Marzipan Man
- Heritage costume display with Ivan Sayers
- Arts and Crafts workshops including Heritage Hat Making, and kite building with British Columbia Kite Association
- Collection of Vintage Vehicles including Fire Trucks, 1936 Harbottle Dairy Truck, Antique Cars
- Several local community group displays *and much more!*

The Lynn Valley Lions Club Cook Shack BBQ will be on hand to serve up tasty hamburgers and fries.

In addition, The North Vancouver Museum and Archives will showcase over 100 interactive Canadian history projects produced by students from throughout the Sea to Sky Region. This is a truly inspiring show of student enthusiasm, creativity and insight into our community. Come see the students engage in their topics and tell stories of Canada's past! During our closing ceremony at 2:45 pm, awards will be given out to recognize the student's hardwork and creativity.





