

Eastview Elementary

**Safety*Ownership*Attitude*Respect*



Volume 1, Issue 2

September 22, 2011

Terry Fox Run

Terry Fox is remembered for embracing a personal challenge, turning it into a dream, and for his unwavering **courage** and determination. His legacy has continued to unite and inspire our Nation and the World.

As we prepare for our participation in this year's *Marathon of Hope*, we reflect on not only Terry's "gift" of raising awareness of the need to fund cancer research, but also the strength of his character as an example for all of us.

Terry reminds us of the power of commitment and the importance of courage in turning a problem, whether large or small into an opportunity.

What is Courage?

- Bravery in the face of fear
- Doing what needs to be done when it is really hard or scary
- Going ahead even when you feel like giving up
- Trying new things
- Admitting mistakes and then doing the right thing
- The strength in your heart

Students will participate in our Eastview Terry Fox event on September 28 beginning at 9:15 am. with the assistance of Grade 7 classes who will be stationed throughout this year's route.



Donations for cancer research will be collected throughout the week beginning Tuesday, September 27, 2011. Grade 7 students will come around to classes each morning.

Thank-you to everyone for your continued support of our yearly Terry Fox Run.

Special points of interest:

- *School Based Professional Day Monday, September 26*
- *Terry Fox Run Wednesday, September 28 Walking Field Trip forms needed to participate in an off the grounds route.*
- *Thanksgiving Holiday Monday, October 10*
- *Stand By Me Workshops Gr.3-7 - October 4-7/25-28*
- *PAC Fall Fair Friday, October 14*
- *Provincial Wide Pro-D Friday, October 21*
- *Family Photo Night Tuesday, October 11*

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Thinking Globally...it begins with one...

We ask of our children to think beyond themselves and to lend a helping hand whenever they see a need. We are inspired by their individual stories.

Ben D. has celebrated his birthday in recent years by asking that the money

that once was spent on gifts be given instead to initiatives that work to bring clean water to children in Africa.

This year, his goal was to expand his fundraising efforts to support the work of charitywater.org

by making and selling cookies.

His commitment to this important cause is commendable and we thank all members of our community for supporting him in this endeavour.

Parents as Partners

Getting off to a great start!

The beginning of the school year is a time where teachers work with their students to create a cohesive working community—establishing routines, expectations, and relationships. The start of every school year is about “coming to know”.

Activities may seem like review for some children, as teachers gather information on their students in order to plan for instruction and to model expectations for work habits and class contribution. It is typical in all classrooms, whether a straight grade or combined grade class, that instruction

varies from large group to small group to individual teaching—all instruction is guided by the BC Ministry of Education curricular outcomes for each grade level.

A valuable first step toward a productive year is creating a working partnership between home and school. Our policy in dealing with questions or issues that may arise as new partnerships are forming is the importance of timely and respectful communication directly with the classroom teacher if a problem arises.

A child’s learning journey is not only about curriculum and the pursuit of knowledge, it is about the skills we

learn to be successful in life. Parents play an important role in modeling and encouraging children in how to deal not only with success, but with the challenges that a child will inevitably meet along the way. Michelle Borba (1999) believes there are eight key skills to success: *positive self-esteem, cultivating strengths, communicating, problem-solving, getting along, goal setting and not giving up.* (p4) As partners in your child’s learning journey, we welcome the opportunity to work with you in helping your child to develop these skills and to celebrate each success.

Borba, Michelle, Ed.D(1999) *Parents Do Make a Difference: How to Raise Kids with Solid Character, Strong Minds, and Caring Hearts.* Josey-Bass:San Francisco

Parent Volunteers...

Volunteers do not necessarily have the time; they just have the heart. Elizabeth Andrew

We value the contributions of parent volunteers in our school. We appreciate the time and effort given by many parents in support of our learning community both within the building and behind the scenes.

In accordance with the North Vancouver School District Policy for Volunteers, school procedures around volunteers are as follows:

Classroom Volunteers - Please

complete a *Volunteer Application* form and an *Eastview Volunteer Confidentiality Code*.

Parent Volunteer Drivers - Please submit a *Volunteer Driver’s Application* form, a copy of your current car insurance, driver’s license and *Driver’s Abstract (good for three years)* to the Main Office. Booster seats are required for children under the age of 9 years or 145cm tall.

Bighouse Volunteer Elders -

Interested parent volunteers for this Grade 4 overnight program must complete a *Criminal Records Check* and attend a one day orientation at the North Vancouver Outdoor School. We encourage all interested volunteers to begin that process **now** as it can take up to four months for a Criminal Records check to be completed.

Safety Considerations

The beginning of the school year is an important time to discuss the following basic safety precautions with your child.

- Review routes to and from school with special attention given to safe street crossings.
- Review with your child what should be done if approached by a stranger.



Growing independence ... learning to make wise decisions for myself and others.

- Checking in at home before heading out for after-school activities is always a good thing even for our upper intermediate students.
- If students ever encounter a situation that makes them feel uncomfortable on their journey home, they can always return to school for assistance.

BE SAFE

- Act in a safe and sensible manner
- Use common sense
- Be aware of, and concerned for the safety of others

EMERGENCY PREPAREDNESS

Forms: If you have not done so already, please remember to return your child's comfort kit, student emergency forms, classroom form and medical form (if one was sent home) as soon as possible. Emergency planning and the comfort and safety of our students are important to us.

Fire Drills

- immediate and controlled evacuation of the building by all students, staff and parents
- Our Meeting Place is on the upper field; classes lineup in buddy groupings
- 3 bells means all clear and classes return to their classrooms

If you are visiting the playground or school during an emergency evacuation, we ask that you come to the field as well. In the event of a real emergency, directions will be given from there. Please do not enter the building if an alarm is sounding.

A variety of emergency drills will be practiced throughout the school year. If you have any questions regarding emergency planning or drills, please contact us at 604-903-3520.



Fireworks and Firecrackers...Do you know the bylaws regarding these two items? Important information to know before October activities begin.

SCHOOL PLANNING COUNCIL

Eastview's School Growth Plan is posted on the Eastview School website at www.nvsd44.bc.ca

School Planning Council (SPC) elections and re-elections will take place at the October PAC meeting on October 11, 2011.

If you are interested in putting your name forward for the School Planning Council, please contact Claire Khan (PAC chair).

The role of the SPC is to guide decisions for overall school improvement and student achievement,

as well as be involved in conversations around school organization, class composition and resource spending. Our SPC meets 5-7 times a year.

VALUABLES AT SCHOOL

Electronic devices and student cell phones are not to be used at school during the regular school day. Students may use the office phone if calls need to be made between 8:30 am and 3:30 pm.

Students and parents are reminded that photographs should not be taken without permission. **Everyone has the right to privacy.**

Photographs should not be posted on-line without the knowledge and consent of all persons involved. It is said that ***once posted on-line, your image is there forever.***

On occasion, students bring toys, trading cards and other items to school that are not essential to their studies. The school can not be responsible for these items if they become lost or stolen.



Schedule of Events

- Oct. 2- all week - free passes on Translink for students
- Oct. 4 - District-Wide Early dismissal 1:45 pm
- Oct. 4-7- Stand By Me Grade 3-7
- Oct. 10 - Thanksgiving - Schools closed
- Oct. 11 - PAC Meeting 7:00 pm
- Oct. 11 - Family Photo Night 5:00-9:00 pm
- Oct. 14 - Fall Fair
- Oct. 19 - K 2012/13 Parent Info Meeting, Lucas Gym 7-9:00 pm
- Oct. 20 - Spotlight Assembly 10:45
- Oct. 20 - Newsletter Week
- Oct. 21 - Province Wide Pro D Day Students not in attendance
- Oct. 25-28 Stand By Me Grade 3-7
- Oct. 31 - Pumpkin Parade 1:00 pm

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Summer Reading Club

Research indicates that children who read during the summer do much better in school when it starts again in the fall. Whether participating in the Summer Reading program at the public library or simply finding time on their own to enjoy a good book, reading takes us places...not just in our imaginations, but in our learning.

Congratulations to the following Eastview students who completed 50 days of reading in the "Savour Each Word" Summer Reading Club at the North Vancouver District Public Library.

Finn B	Liam B
Jennifer B	Jackson B
Lauren C	Vivian C
Ashley C	Lucas C
Hana D	Kaya D
Emily D	Claire D
Mollie D	Amandeep D
Mia D	Ben D
Georgia D	Chayse D
Connor E	Samantha E
Ethan E	Mason E
Sarah E	Rachel G

Jason G
Jacob H
Adam J
Taylor J
Carolyne K
Nicole K
Kiersten L
Olivia M
Seamus M
Abigail M
Brett M
Kenneth N
Junno P
Mia P
Brooklyn P
Kelli-ann R
Johann R
Nicholas S
Hannah S
Olivia S
Caitlin T
Michael V
Carmela W

Kaitlin G
Frankie J
Kate J
Juno J
Cathlyne K
Grace K
Isabelle M
Jordan M
Lauren M
Olivia M
Alana M
Earlene O
Luca P
Michael P
Cole R
Janella R
Nate S
Maria S
Ethan S
Savannah S
Michael T
Robbie W
Kevin W

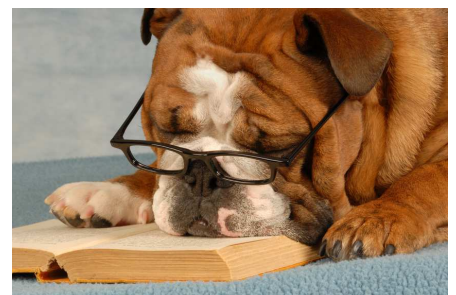
READ ON! Select titles from Red Cedar Book Award 2010-2011:

FICTION

Day of Toil and Tears - Ellis
Feather Brain - Bush
Graveyard of the Sea - Draper
Nine Lives of Travis Keating - MacLean
Starclimber - Opper
Pete's Gold - Armstrong

INFORMATION

Alien Invaders - Drake
Dirt on Dirt - Bourgeois
Inside Hockey - Thomas
One Peace - Wilson
Science on the Loose - Becker
Super Cross and Monster Wings - Earner



Extra-Curricular

We are currently finalizing the organization of basketball for this coming season. Once we have a set schedule for games and practices, we will publish it on our website at www.nvsd44.bc.ca –school links Eastview

A new model for league play will come into effect this year. All league play is organized within each Family of Schools in North Vancouver. Our Grade 7 teams will participate in a Family of Schools league with Queensbury and Brooksbank.

Although there is no league play for Grade 6's this year, our plan is to organize intramural play for all

interested students, as well as skill development practices for boys and girls. End of season tournaments may be a possibility.

We have appreciated the support of staff, parent and student coaches and sponsors in the past and we look forward to another great season of fun, growth and sportsmanship.

We welcome **parent volunteers** interested in coaching a team or group. Please call 604-903-3520.

Stay tuned! We hope to kick off our season the week of October 3. Details will come home with students next week.



Fall Fair– October 14, 2011

Come join us for this fun filled family evening from 6:30 - 8:30 pm.

Explore the Pumpkin Patch for that perfect jack-o-lantern.

Dare to visit the Haunted House sponsored by our Grade 7 students.

Enjoy a sweet treat and a mug of hot chocolate.

Discover your creative side at the Crafts table.

Please contact Astrid Westervelt if you are interested in volunteering...

We need:

1. **Fall fair Coordinator**
2. **Volunteer coordinator**
3. **Assistant Food Coordinator**
4. **Tickets and Tallying**
5. **Set Up on the day**
6. **Volunteers for shifts**
7. **Clean Up Volunteers:** 8.30 to 9.00 pm

Stewardship - International Year of Forests

We continue our work to care for the north end of Eastview Park. We thank everyone in our community for assisting us in our endeavours to provide access to this space for all. It is meant to be a place to enjoy, to learn in and to learn from. Stay tuned for upcoming activities as we move into the next phase of our project - the restoration of the bog and the board walk to increase access for all.

The Grade 7's visited the Stewardship

area this week to assess what we can do in the coming weeks.

They discovered...

* thriving areas that were planted last year by our students

* defined areas where new plantings will be necessary

* birdhouse frames that will need to be removed and birdhouses that can be repaired

* woodchips to be spread on the

existing trails

* invasive species to be pulled

The United Nations has declared 2011 the International Year of Forests. The theme of this year, "Forests for People" reminds us that, throughout the world, forests and people are interconnected.

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We're on the Web!
Www.nvsd44.bc.ca
School links

Photo Retakes
November 1
1:00 pm.



Eastview Action Challenge

We value the importance of physical activity in building healthy bodies, healthy hearts and healthy minds. Come join our Eastview Action Challenge by incorporating family activity at home. We have included some ideas below (adapted from Alberta Education's Daily Physical Activity Handbook) to get you started:

Set the Tone: provide opportunities for your child to try new activities and have fun doing them; balance structured sports activities with un-structured play

Active Chores: ask your child to help with household chores that require physical activity such as raking, sweeping, walking the dog; limit screen time and encourage outside play instead; provide your child with their own garden space to prepare, plant and tend

Daily Fun: take time to play catch, jump rope, or play hopscotch with your child; take your child on a bike ride or for a family hike

Health Matters - Lunches that Make the Grade

Healthy lunches help provide the fuel children need to learn. Tips to get you started:

- * **Involve your child**
- * **Organize one spot with everything you need**
- * **A+ Choices**
- * **Make lunches the night before**

*** PACK peanut free!**

We have a number of students with severe allergies to peanut and nut products. Because of the nature of our school environment where children share games, books, supplies and play equipment, we ask that



everyone choose peanut-free products for school snacks and lunches .

Please understand that...

Anaphylaxis is a life-threatening type of allergic reaction. Symptoms develop rapidly, often within seconds or minutes.

Although we encourage students to wash their hands and desk areas before and after eating, managing the school setting especially with younger children can be difficult. Everyone can help simply by finding good nut free things to eat so no one is put at risk.

Great ideas for peanut free eating can be found at:

www.toronto.ca/health/pdf/nm_peanut_allergies.pdf
vch.eduhealth.ca

Resource: Health Matters: Vancouver Coastal Health Newsletter posted on our school website.