

Eastview Elementary

*Safety*Ownership*Attitude*Respect



Begin with Kindness...

The month of February is just around the corner. With the help of our Student Leaders we are turning our attention to remembering to treat each other with kindness everyday.

When we put kindness first, it does not necessarily mean we will always agree, but it helps us to think of ways to treat each other with compassion and understanding in all of our interactions.

On Wednesday February 1 and Thursday, February 2, our K-2 classes will participate in the Stand By Me (www.standbyme.ca) presentations by Teresa Triggiano. Our Grade 3 - 7 students worked with Teresa in October. The

Primary presentations are meant to reinforce many of the skills already being taught in our school, and to promote healthy, respectful relationships with one another. Personal responsibility, peaceful conflict resolution and making amends are important life skills necessary for the development of mutual respect. These skills promote a greater understanding of how our choices affect those around us.

On Wednesday, February 29, our school will once again be participating in "Pink Shirt" day which began as a student initiated movement within one school to stand



up together against acts of bullying. The wearing of PINK on this day reflects a personal commitment to treat others fairly and with compassion.

We are all different, yet we are the same...

- Like yourself and realize you have a lot to offer - Celebrate your strengths!
- Get to know someone and let them get to know you
- Show an interest in others - Acknowledge their talents!
- Be friendly and kind to others including those who are different from you



Volume 4, Issue 1

January 23, 2012

Special points of interest:

- Jan. 27 - Fun Lunch
- Jan.31 - Spotlight Assembly
- Feb. 7- PAC Meeting 7:00pm
- Feb. 24 - District Pro Day
Students not in session
- Feb.21 - Gr. 7 Parent Meeting
Sutherland
- Feb.28—Drug & Alcohol
Forum at Sutherland
- Feb. 29 - Pink Shirt Day
- Mar. 6 - PAC Meeting
7:00 pm
- Mar. 9 - Fun Lunch
- Mar. 12-23 Spring Break
School Closed
- Mar. 26 - School Re-opens

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Teaching children non-verbal communication skills

Michelle Borba (2001) emphasizes the importance of teaching children non-verbal communication skills in order to develop their ability to get along with others and to interpret the feelings of their peers. Attention to this aspect of communication, nurtures the development of empathy.

What is empathy? It is *the ability to identify with and feel another person's concerns. Empathy is what sensitizes our kids to different points of view and increases their awareness of others' ideas and opinions.* It is a corner stone to acceptance and compassion.

GETTING STARTED:

Watch TV silently Turn off the sound and watch the show together. Make a game of trying to guess how the actors feel from what you see. Point out nonverbal behaviours that act as clues—facial and body expressions.

Make Comic mood characters Cut out a variety of pictures from magazines and newspapers showing people demonstrating a wide range of emotions. Guess together how each person feels based on their facial expression and how their body looks.

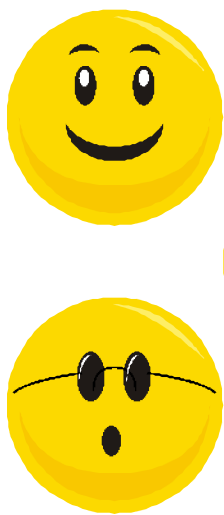
Use the formula “feels + needs”

Look for occasions to draw attention to people's feelings and then ask your child what the person might need in order to remedy the feeling.

Praise sensitive, kind actions

Teaching children to recognize how others might be feeling through what they don't say, is an important step in helping them to come to know and understand each other.

From Borba(2001) Building Moral Intelligence. Jossey-Bass.San Francisco.p18,32,34



A face can say many things...listen with your ears, your eyes and your heart!

Guess the Feeling Create a set of index cards with different feeling words. Players draw a card from the pile and act out the emotion for others to guess.

Student Voice...The story of Shaila and Her Friend by Ludvik (Kindergarten)

This is Shaila the Alien. Shaila and John are friends. They are playing basketball. It's a 10 to 10 tie. Horay! They have both won! Let's have a party.



Volleyball

Eastview is hosting five volleyball teams this season at the Grade 6 & 7 level. We have been able to create 2 Boys, and 3 Girls teams. League games will start on Monday, January 30 for the Boys and Tuesday, January 31 for the Girls. Thanks to all of our coaches and sponsors: Mr. Eugene, Mrs. Ward, Mr. Forst, Mrs. Elderton, and Mrs. Coffin, and high school student Connor M for generously volunteering their time and expertise.

A current schedule of games and hosting schools will be published on our website at www.nvsd44.bc.ca.



*Good luck
Volleyball
players on a
super season
ahead!*

Salmonids in the Classroom

Our salmon tank is up and running and awaiting the arrival of our salmon eggs on Wednesday, January 25. Thank-you to Mr. Elderton and Aidan C. for their efforts in establishing a healthy habitat in which our salmon will grow. Our salmon tank will be monitored and maintained by student volunteers; Aidan C., Kaitlyn D. and Ronnie P.

The salmonid program is an important aspect of direct experience with the salmon's life cycle. Many of our classes

Look deep into nature and then you will understand everything better.

Albert Einstein

will follow the changes experienced over the next few months and grow to understand small actions they can make to help our fry have the best chance possible when they are released into the wild.

Something to Investigate...

- How are salmon scales similar to tree trunks?
- Why do alevin carry their own lunch kit?
- How do Parr marks help fry stay safe?
- What is the difference between a Coho salmon and a Chum salmon?

Outdoor School and Bighouse Programs

This year our Grade 4 & 6 students will be attending Outdoor School in the Spring.

Information on programs will be coming home closer to the dates our students will be attending, and parent information evening dates will be set in April. The purpose of these meetings is to provide an overview of each program and answer any questions parents may have before their child attends.

You can check out the North Vancouver Outdoor School website at www.nvsd44.bc.ca

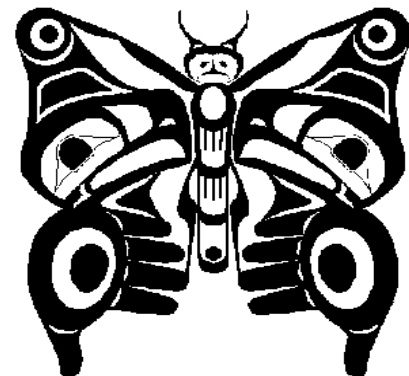
Bighouse Program Gr. 4 May 7 & 8

Cost : \$95

Our Parent Elder volunteers are confirmed and will be attending a one day training session at the Outdoor School on the weekend of April 14 & 15.

Gr. 6 May 14-18

Cost: \$250.00



Schedule of Events

- Feb. 1 & 2 Stand By Me (K-2)
- Feb. 7-PAC Meeting 7:00pm
- Feb. 14-Primary Dance 9:45 am
- Feb. 16-Newsletter Week
- Feb. 21-Gr. 7 Parent Meeting at Sutherland
- Feb. 22-Sutherland Zone Band Concert, Gr.5,6,7 - 7:00 pm Sutherland Gym
- Feb. 24-District Pro Day Students not in session
- Feb. 28-Parent Education Event: Drug and Alcohol Forum at Sutherland
- Feb. 29-Pink Shirt Day

February 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

Stewardship Phase II- Boardwalk and Bog

Work on Phase II of our Stewardship Project began last week. Supported by a grant from the City of North Vancouver and in collaboration with City Parks staff, a boardwalk has been planned to replace some trails within this forest area. A boardwalk will provide access to certain areas, protect the root system of many of the trees and allow for the replanted areas on the forest floor to thrive by clearly defining areas for walking. Our goal is to restore the native species to the area, work to pull invasive species such as blackberry, ivy and holly, and to follow the patterns of the forest that the changing of the seasons bring. In March, students will be involved in the planting of native species as a continuation of our first planting in October 2010.

This outdoor learning space is meant for all to enjoy. We appreciate your continued efforts in helping us to care for the natural spaces that surround our school.

A simple beginning...working to be litter free!



Can you locate the bog in our Stewardship area?
Why is a bog important?



March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 <i>Spring</i>	15	16	17
18	19	20	21 <i>Break</i>	22	23	24
25	26	27	28	29	30	31

Schedule of Events

- Mar.6-PAC Meeting 7:00pm
- Mar.8-Wind Symphonic Workshop for Band Students 5-6pm Ecole Boundary—Concert 7:30-9:00pm Lucas Centre
- Mar. 9-Deadline for Priority Placement—New Registrations and Gr. 1-12 Transfers
- Mar.9-Fun Lunch
- Mar.9-Band Festival LMCC 10:30am Gr. 6 & 7
- Mar 12-23-Spring Break
- Mar. 26-School re-opens
- Mar.26-Track & Field begins
- Mar. 30-Performing Group Project Soul 1:30 pm

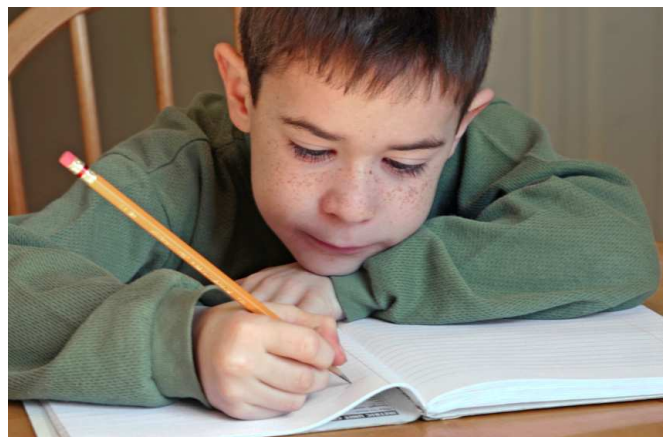
Spell-A-Thon - Thursday, February 17, 2012

This year, Eastview's Annual Spell-a-thon will be held on Friday, February 17, 2012. Pledge sheets and spelling lists will be sent home the week prior to this date so that students may have a chance to study their words and collect pledges from family and close friends - no canvassing please. The students will then do the test at school.

Once marked, tests will be sent home at which time pledges can be collected and the monies submitted to the school through the parent collection table in the front entrance or the drop box at the Main office from Monday, February 20 to Wednesday, February 22. Please keep an eye out for information sheets that will be sent home during the week of February 6, 2012.

If you have any questions, please feel free to contact Marie - reimermarie@yahoo.ca

Thank-you for your continued support! Money raised from our Spell-a-thon is targeted to support technology purchases for student use.



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Celebrating Chinese New Year - Grade 1
Dragons are on display in the lower hallway



A colourful bundle of energy, the Dragon is a beautiful creature.

According to the Chinese Horoscope, everything a Dragon does is on a grand scale - they have big ideas, tremendous ambition and make extravagant gestures. A Dragon is confident and fearless in the face of challenge.



Dragons easily attract friends because of their generous personalities.

*In this Year of the Dragon, may you have good fortune and make wonderful new friendships. **Gung Hay Fat Choy!***

Check out local Chinese New Year events at :

<http://vancouver.about.com>

Registration and Transfer Procedures 2012/2013

New Registrations for Grade 1-12 will be accepted at the Central Registration office (2132 Hamilton Ave.) starting on **January 23, 2012**. For priority placement in your catchment area school, all new registrations **must be submitted on or before March 9, 2012**.

Required Documentation:

Student's birth certificate
(if not born in Canada bring proof of citizenship)
Proof of current residence
(Hydro bill, purchase agreement or rental agreement)

Registration forms are available at all schools, at the Central Registration office, or online at www.nvsd44.bc.ca

For Priority placement, **Transfers for 2012** Grade 1 – 12 must be submitted to Central Registration between **January 23 to March 9, 2012**.

After March 9, 2012 **no** further transfer requests will be accepted unless the student has moved into the requested catchment area.

Looking for more information about the Registration and Transfer process?

Visit the School District's website at www.nvsd44.bc.ca , call 604-903-3368 or email registration@nvsd44.bc.ca

Making Positive Choices: Entering the Teen Years



What questions are your kids asking about drugs and alcohol?
What do you need to know?

Parent Information Evening

Tuesday, February 28th, 2012

7:00 - 9:00 pm

Sutherland Secondary School Theatre

We believe in addressing the topic of drugs and alcohol with open and proactive communication and current information.

The Sutherland Family of Schools, in collaboration with key community partners, is offering this informational evening to assist parents in guiding children to make informed and positive choices.

Please RSVP PositiveChoices@nvsd44.bc.ca