



School District No. 44 (North Vancouver)
COVE CLIFF ELEMENTARY SCHOOL

1818 Banbury Road, North Vancouver, BC V7G 1W4
Phone: (604) 903-3420 • Fax: (604) 903-3421

**This is an important notice.
Please have it translated.**

Elementary Extra-Curricular Athletics Informed Consent

For: Kilometer Club

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. The schedule of events is attached.

EXTRA-CURRICULAR ATHLETICS PURPOSE(S):

The purpose of this activity is to provide an opportunity to develop skills in a sport to a higher degree than may be possible in the physical education program and to increase school spirit.

ATHLETIC SEASON:

The **Kilometer Club** season extends from March 24 through May 3.

TRANSPORTATION:

Parents will be responsible for transporting and supervising their child on race day (participation in Marathon is optional)

SUPERVISION:

All supervision of students in this program is direct supervision. Direct supervision is defined as the time students spend with the sponsors, coaches and volunteers involved in the program. Students will be running off school grounds with supervision.

COACHES, SPONSORS(S) AND CHAPERONE(S):

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Phone Number(s)</u>
Mrs. Susan Teegen	F	teacher	604-903-3420
Ms. Shannon Webster	F	teacher	604-903-3420

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety of the school setting. It is impossible to itemize every possible element of risk associated with a sporting activity. This sporting activity may include, but not be limited to the following inherent risks, and all risks associated with:

- travel
- the nature of sport (i.e., rolled ankles, joint / head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries)

CONTINGENCY PLANNING:

Students have been briefed on the risks involved in this activity and on appropriate precautions to be taken. Students will be required to sign a *Student Awareness of Risk and Responsibility Form* in order to indicate a full understanding of the expectations, risks, safety precautions and responsibilities associated with this activity before being permitted to participate.

Other safety precautions:

- A cell phone will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- A basic first aid kit will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- The coach/sponsor will have immediate access to the student medical forms completed by the parent/guardian.
- Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

ACCIDENT/LIABILITY INSURANCE:

Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired. Individual student Accident Insurance can be obtained from www.iapkidsplus.com.

Sincerely

Mrs. S. Teegen, Ms. S. Webster

Return this Informed Consent Approval to School

ELEMENTARY EXTRA-CURRICULAR ATHLETICS
INFORMED CONSENT APPROVAL

PARENT/GUARDIAN PERMISSION

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. Without this signed consent, students will not participate in this program.

PARENT/GUARDIAN CONSENT

I, _____ (parent/guardian) of _____,
Print Parent/Guardian's Name Print Student's Name

have read the Informed Consent information that pertains to my child's participation in Kilometer Club. I am aware of the risks inherent in this athletic program and my signature indicates that my child has my informed consent to participate. I have completed and submitted a medical form for my child.

Parent/Guardian Signature

Date

Printed Name of Parent/Guardian

NORTH VANCOUVER SCHOOL DISTRICT

**Elementary Athletic Programs
Student Awareness of Risk and Responsibility Form**

Cove Cliff has arranged an in and before-school Kilometer program for students in all grades.

I understand that programs of this type may expose me to elements of risk. The risks and responsibilities, as outlined below, have been fully explained to me by a School Board employee, Mrs. Susan Teegen.

Risks:

- Physical injury (e.g. rolled ankles, joint/head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries) may occur when participating in an athletic program.

Responsibilities:

- My behavior will be consistent with the Cove Cliff Code of Conduct.
- I accept full responsibility for my actions which will be thoughtful and reflect common sense before, during and after events.
- I will attend runs as outlined by my coach.
- I will stay on the Kilometre Club running route.
- I will follow the safety precautions specific to the activity as outlined by my coach.

I have been made aware of the possible risks and consequences related to this athletic program, I freely agree to participate in the program and act in a safe and responsible manner according to School District *Policy 302: Student Conduct*, my school's Code of Conduct.

Signature of Student

Date

Printed Name of Student
Signature

School Board Employee