



Cleveland Elementary School

École élémentaire Cleveland

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The Cleveland School Mission is to provide an environment that fosters the emotional, social and physical well being and the intellectual development of all students. Cleveland School will promote a positive self concept, respect for self, respect for others, respect for the environment, fitness and health..

Issue 6

October 7, 2011

HAPPY THANKSGIVING!

Monday is a holiday for students and staff. We wish all our families a very Happy Thanksgiving Holiday.



Thank you very much to all our students and their families for having made such generous contributions of non-perishable food items to the North Shore Harvest Project.

We collected a large quantity of food for the Harvest Project during this campaign that will help many people have a better Thanksgiving.

A friendly reminder that donations can be made at the North Shore Harvest office anytime during the year.

IMPORTANT REMINDER

Student Emergency Identification and Student Emergency Release Forms

Thank you to all families who have returned their completed forms.

It is extremely important that we have a form for every student in the office. In the event of an emergency, without these forms we are not authorized to release your child to anyone other than the parent.

If you do not have these forms or are not sure if you have filled them out, please check at the school office.

TERRY FOX RUN

This Monday, our school community celebrated the life and achievements of Terry Fox. Our main speaker was Fred Fox, Terry's older brother, who spoke of the determination and "never give up" attitude that were part of his brother's character from a very young age. He showed slides of Terry as a child, as a teenage athlete and as a young adult during his Marathon of Hope. Mr. Fox instilled in the students the idea that anything is possible if you put your mind to it. Mr. Fox awarded our school with a special banner for having hosted our annual Terry Fox Run for 5 consecutive years, which we plan to display in a key location in the school. We were honoured to also have in attendance Pat and Sam Sullivan, who created "Team Finn," an organization which raises money to create a child friendly environment at Children's Hospital for children receiving cancer treatments.

Thank you to our piano player, Tierra; our Grade 7 speakers, Lilly, Ally and Sebastian as well as to our "tech crew," Dane and Braden. You all did a fabulous job helping with this assembly.

Special thanks to all the parent volunteers who ran with us, or marked the route and cheered us on. Your energy and encouragement helped to keep us going! Thank you also to Sarah Taylor for organizing the parent volunteers and ensuring that everyone knew where to be. We so appreciate your attention to detail, Sarah!

If you are planning to make a donation to the Terry Fox Foundation, but haven't done so yet, please feel free to pop your pledge form and cheque into the box in the office or make a donation on-line at www.terryfox.org.

Thank you for making this year's event such a success!

CPAC

Welcome Tea for Transfer Families

The Parent Advisory Council is hosting its second annual meet-and-greet event for families who are new to Cleveland this year because they have transferred here from another school. This is a great opportunity to meet other parents and students, as well as PAC volunteers, the principal and vice-principal. Whether you have moved here from another city or another country, we hope you will drop by to share some refreshments, make some friends, and chat about your new school community. Everyone is welcome to attend.

When: **Friday, Oct. 14 2:30-4 pm**

Where: **School Library**

Cool as a Cucumber

This Wednesday your children received sweet, crunchy Mini Cucumbers as part of the Fruit & Vegetable Nutritional Program. Cucumbers of all sizes are grown in hot houses across the lower mainland. Did you know that cucumbers have been cultivated for thousands of years in India and Asia, making them one of the oldest vegetables in the world? Ask your children more about the mini cucumbers they enjoyed at school this week.

Emergency Preparedness Month: Comfort Kits Coming Home

Throughout the month of October, the CPAC will be focusing on preparing for a natural disaster. As part of this initiative, our CPAC Emergency Preparedness Committee will be coordinating the preparation of individual Student Comfort Kits. Watch for information to be sent home with your child.

For more information about what we are doing at Cleveland, and what you can do as a family, to prepare for an emergency, go to our web site, www.clevelandpac.com. Parents interested in assisting the CPAC Emergency Preparedness Committee are also encouraged to contact Gina Bromley at ginabromley@hotmail.com.

Last Chance to Include Your Child's Name in the School Directory

Thank you to the 70% of families who have confirmed their contact information for the 2011/2012 CPAC Cleveland School Directory. A SchoolConnects email containing a draft of the directory will be sent to all families by Wednesday, October 12th. This will be your final opportunity to ensure that your child's name is included in the class list and that your contact information is correct. If you have not yet successfully confirmed your directory listing, please click through to www.clevelandpac.com now and follow the directions under 'Online Forms: 2011-12 School Directory'. If you

have previously experienced technical problems, please try again as the site has been redesigned based on parent feedback and earlier technical glitches have been fixed. If you continue to experience difficulty, please send questions and problems to directory@clevelandpac.com. Thank you for your patience. We will issue the fall directory with contact information received by October 15th.

Family Photo Days – Almost Sold Out!

Due to high demand, a few more family photo sittings have been added to the Saturday, Oct. 15 schedule. If you haven't booked already, don't miss this chance to have a professional family portrait taken by MJM Studios for only \$20. You will receive a free 8"x10" of your choice, and an option to purchase more photos just in time for your holiday greeting cards. All proceeds benefit the CPAC.

To book a session, visit the CPAC website at www.clevelandpac.com. Payment deadline for all sittings is Tuesday, Oct. 11.

Buy Bread and Raise Funds for Cleveland's PAC

The CPAC would like to remind parents that our school continues to be part of the Dough Raiser program at Cobs Bread in Edgemont. Simply let the sales assistant know that you are a supporter of Cleveland Elementary and 5% of your purchase will be donated back to the CPAC. So if you are at the Edgemont Cobs buying bread for your Thanksgiving festivities this weekend, remember to mention Cleveland!

HEAD LICE

As thousands of children returned to school last month after the summer holidays, so did head lice. This is just a reminder to parents that this is a common issue among school-age children and one that can affect anyone. Parents need to remember a few facts regarding head lice.

- Lice are wingless – they do not jump or fly but rather spread by crawling from one head to another.
- Lice spread relatively quickly.
- Lice spread through DIRECT head-to-head contact as well as through personal articles such as hats, combs, brushes, helmets, scarves etc.

The best way to reduce the chances that your child will get head lice, is by being proactive:

- **Check** each family member's head **EVERY week**. Make this a family routine Sunday night before returning to school on Monday.
- Provide individual combs and brushes for each family member.
- Teach children to avoid sharing items that come in contact with your head or neck, for example: towels, helmets, hats, scarves.
- Comb or brush hair vigorously daily.
- Children with long hair should tie their hair back. Braids are ideal.

If you discover that your child has head lice please report this to the school office and they will provide you with information regarding treatment options. Children with head lice may remain in school during the treatment period.

WEEK AHEAD

Monday, October 10th – Thanksgiving Holiday

**Tuesday, October 11th – Food Day
Sushi/Wrap & Smoothie Day**

Wednesday, October 12th – Grade 7 Parent Meeting 7:00 p.m.

Friday, October 14th – Family Photo Evening



COLOURING OUTSIDE YOUR MIND: Art Workshops for Cleveland Adults!

In this four session workshop, you will have an opportunity to explore your creative side (even if you question whether or not you have one!). Through spontaneous, playful experimentation, you will discover how to access your creative intuition, while learning techniques and skills with painting and drawing materials. In a non-threatening, fun environment, we will guide you through a series of progressive sessions, keeping it purely abstract, and you will emerge at the end with some great tools for creative expression. You will need to wear painting clothes and bring an open-mind and a willingness to play and get messy!

DATES:

Wednesday, November 2nd, 7–9:30p.m.

Spontaneous Creativity for Pure Pleasure

Wednesday, November 16th, 7–9:30pm

Drawing without Thinking

Wednesday, November 23rd, 7–9:30pm

Collaboration & Imagination

Wednesday November 30th, 7–9:30pm

The Art of Putting Things Together

Instructors: Mary Shaughnessy and Sarah David

REGISTRATION:

Space is limited to 16 participants. To register, please phone the **Artists for Kids office at 604.903.3798 or 604.903.3429** (If this session fills, we are planning to offer a Winter and a Spring session.)

LOCATION:

Artists for Kids Studio #2
810 West 21st Street,
North Vancouver, B.C.

Workshop cost: \$125 for 10 hours of instruction and all materials.

All classes will be filled on a first called, first served basis. (Please do not call Cleveland)