



Cleveland Elementary School

École élémentaire Cleveland

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The Cleveland School Mission is to provide an environment that fosters the emotional, social and physical well being and the intellectual development of all students. Cleveland School will promote a positive self concept, respect for self, respect for others, respect for the environment, fitness and health..

Issue 17

January 8, 2010

HAPPY NEW YEAR!

We hope that you have had a very pleasant and restful Christmas break.

For many of us the start of a new year is a time to make some resolutions that will help us to improve our lives. These may involve a commitment to a healthier life style, a change in work habits or a change in attitude. For some students this time of the year is an opportunity to step back and make some changes that will enable them to be more successful in school.

The following study habit suggestions will help to set the stage for success.

Your agenda

Write down all assignments. Listen carefully to what the teacher says. Know exactly what you are supposed to do. If you don't understand ask for help.

Preparing to study

Find a good place to do your homework. This means a desk with nothing on it except what you need for the task you are going to work on. You want to concentrate on one thing: homework. Have a regular time and place for homework.

Studying

Have all the supplies you need: pencil, pen, marker, eraser, white-out, ruler, stapler, staples, paper clips, pencil sharpener, post-it notes, index cards, paper, scissors, calculator etc. Have them in a handy place like a shoe box.

Clock – this will help you manage your time.

Eliminate all distractions: TV, loud radio music, boom-boxes etc. Be aware of when you start to daydream and stop right away.

Your health

If you have glasses wear them. This will help you get the most out of your studying and avoid strain on your eyes.

Get enough sleep, set a reasonable bedtime.

Eat breakfast, eat three good meals a day. Your body needs energy if you are to be successful in school.

Get some exercise. This may mean reducing the amount of time you spend in front of the television or the computer.

On behalf of the staff of Cleveland School, I wish you a happy and successful New Year!

Ian McWilliams
Principal

HOMEWORK AND THE OLYMPICS

Cleveland school will be in session, as per normal, during the Olympics. Some parents may be planning to take their children out of school during this period of time. Teachers will not be providing classroom work ahead of time and students may be required to complete missed assignments upon their return.

Classroom work and assignments are based on what is taught in class and it is not possible to provide a child with work for lessons not yet taught. While efforts will be made to put aside handouts and assignments missed during the period of absence, or to perhaps provide information about future lessons, it is important to recognize that handouts are only a part of the lesson or concept taught. Teacher instruction, class discussion and group work are impossible to recreate and this is often where the bulk of the teaching and learning occurs. As a result, lessons missed cannot be re-taught. Classes and units of study build on and extend previous instruction. A child may experience difficulty with new material after a lengthy absence from school.

CONCERT @ CENTENNIAL THEATRE

A Family Concert with Lowry Olafson will be held at Centennial Theatre Tuesday, January 19th, at 7:00 p.m. Cleveland's Div. E02 will perform their song, written with Lowry this fall, along with other North Vancouver schools who participated in this parent-funded workshop.

Tickets: Adults \$10.00, Students \$6.00

www.centennialtheatre.com

604-984-4484

GRADE 6's TO BE PEER MEDIATORS

The grade 6 Peer Mediator Programs initial three hour training session will be on January 22nd. The students will learn skills in leadership, mentoring, and problem solving.

The peer mediating program is optional and is a follow-up to the grade 6 social skills and leadership program occurring January 15th (part of Health and Career).

Interested students will receive their application forms on January 15th. Students are given the opportunity to help supervise the primary children a couple of times each week during recess and lunch. Ongoing follow-up support sessions on problem solving and leadership are held monthly as well as special events for the grade 6 leaders.

We thank the grade 6 students for giving their time and help to the school community. Watch for the "red PM jackets" to appear shortly on the playgrounds and hallways of Cleveland!

GARBAGE-FREE LUNCH DAY!

The Students Gone Wild, Cleveland's environment club, is participating in the BC Green Games, a contest for schools and their environment projects. The Students Gone Wild are excited about this contest and we need your help! We could win \$500 or \$1000 to put towards an environment project at the school!

Starting Thursday, January 14th, we're challenging all students to participate in our garbage-free lunch challenge! What does this mean? We'll be coming around to classrooms every Thursday to see who has no garbage in their lunch! How do you do this? Some suggestions are... bring a water bottle instead of a juice box; use reusable containers; buy in bulk, and then make your own smaller portions; eat lots of fruits and vegetables.

Parents can help too! Talk to your child about making good food choices for lunch. We are also looking for prizes to reward those students who participate in the garbage-free lunch day. If you have a small prize you can contribute, please speak to Mme. McHugh or Mme. Power.

Look for more information about the BC Green Games or look at the website to see some of last year's contest winners: <http://www.bcgreengames.ca/> Thanks for your support!

LUNCHTIME CHESS - WINTER SESSION

Chess (for Gr 3-7) with Luc Poitras will begin again next

Thursday for 8 sessions, January 14 -

March 4. Have fun learning new moves and testing out your strategies! Spaces are limited so sign up early!

Forms are available from classroom teachers and the office. If you have any questions, please contact Su Mei Woo at [HYPERLINK](mailto:woosumei@xuede.com)

"mailto:woosumei@xuede.com" sumeiwoo@gmail.com.



GRADE 7'S CHRISTMAS FUNDRAISING

A big thanks to everyone who ordered the Purdy's chocolates over Christmas; we successfully raised a total of \$1200.00. And a special thank you to Adrianna Kipp's family for raising \$150.00 from their fleece slipper sales at the Grade 7 Christmas craft fair.

CPAC NEWS

FOOD DAY ORDERS DUE JANUARY 22ND: NEW ONLINE ORDERING SYSTEM

CPAC's Food Day Committee is now taking orders for Tuesday lunches for the second half of the year, i.e., February to June. All Cleveland families and staff are invited to place and pay for their orders by Friday, January 22nd.

A new online ordering system called FoodDayz is now in place. Users will find ordering and payment are easy. Using FoodDayz means CPAC will use much less paper and CPAC's accounting tasks will be simplified.

FoodDayz allows you to print your order, or save it to your computer so you can see what you've ordered for each day—and FoodDayz will even send you email reminders for each lunch day if you want!

Everyone is strongly encouraged to use the FoodDayz online lunch ordering system wherever possible. If you are unable to place your order online, a few paper forms are available in the office.

How to place your order with FoodDayz: Go to <http://cleveland.techsys.tv/order.asp> and follow the easy instructions. (the FoodDayz link can also be found in the CPAC section of www.clevelandelementary.ca) You will be asked to create an account for each child.

How to pay for your order: Online payment is not available at this time. To pay for your order, write a cheque payable to CPAC, place it in an envelope marked Tuesday Food Day Program, and give the envelope to your child's teacher by Friday January 22nd.

Your order will remain incomplete until your cheque has been received by the Food Committee. Unfortunately, orders that are not complete by the deadline of FRIDAY, JANUARY 22nd cannot be processed.

Thank you for supporting CPAC's Tuesday Food Day.

FUN AT LUNCH

Forms for the Fun-at-Lunch Winter Session went home today (Friday Jan 8th) and can also be found in the CPAC section of the school website. Activities include portrait drawing, card making, juggling, knitting, and jazz dance so sign up early to ensure a spot. Forms may be dropped off at the office in the Fun-at-Lunch basket. Classes will run from Jan 18th to Feb 12th due to gym availability. Please direct any questions to Cathy Siscoe:

catherine@bavo-zulu.com

WEEK AHEAD

Tuesday, January 12th – Food Day Magic Lunchbox
Friday, January 15th – Wacky Hat Day

