



Canyon Heights E-News

Our actions re **RESPECTFUL, RESPONSIBLE and SAFE**

October 28, 2011

On Target...

Our first Target Assembly will be held on Monday, October 31st at 10:15AM.

The following Canyon Heights students are on Target for the month of October :-

Grade 4: Stefano B., Noel B., and Georgia E..

Grade 5: Hali A., Alecia D., Mila R. and Carson R.

Grade 6: Tyler C-T., Jack L., and Annabelle M.

Grade 7: Brooke C., Thomas K., Chae S., Jenna S., and David Z.

Thank You Canyon Heights...

Our annual Terry Fox run was a great success this year raising just over \$700.00 for the Terry Fox Foundation.

And thank you Canyon Heights – our annual Thanksgiving Food Drive was also a great success. We provided many well packed boxes of food for the Harvest Project. This will directly help many North Shore families. Thanks to our primary teachers for organizing this.

Morning Music

At Canyon Heights we begin our day with announcements and music following the second bell at 8:42AM (10:07AM on Monday). Two students are involved; one who reads the announcements and another who introduces the music selection. We ask that all staff, students, parents, and visitors in the school at that time, remain still and silent where they are and proceed only once the music has ended. It is important for all students and staff to hear the announcements and it is pleasurable for everyone in the building to begin the day with music. Over the year, we're treated to a wide variety of classical, cultural, and seasonal music thanks to the efforts of Mr. Moser who –with occasional help - determines the selections played.

Office Procedures

A reminder that we rely on established office procedures and protocols to ensure the safety of students/staff and to minimize any distractions that take away from student learning. Therefore, during school hours please remember to sign in and out of the office and ensure you have a visitor's badge. As well, if you need to drop something off for your child, you must report to the office and we will be happy to assist. Lunches can be dropped off in the basket provided and other items can be handled by the office staff.

Sick Children



Please remember to call in the reason for your child's absence when reporting them absent on our call-back system (604-903-3290). The Health Department has specific guidelines for the schools to report illness – we must let the Health Department know if we have more than 10% of our student body absent who exhibit symptoms of fever, cough, vomiting, diarrhea, etc.

Traffic Safety

Traffic safety around our school is always a concern particularly during the darker, more inclement weather we will experience in the coming winter months. Please be respectful of our crossing guards who are on the corner of Handsworth Rd. and Highland Blvd. each morning and afternoon and work very hard to ensure the safety of our students. **Drivers:** If you drive your children to Canyon Heights, **PLEASE** exercise extreme caution in our School Zone and pay attention to the following considerations:

If you must park to drop-off and/or meet your child, please park on Handsworth Road and walk to the school. If your child is not waiting for you in a drop-off/pick-up area, please drive around the block.

Many staff members are also arriving and leaving work during these busy times and it is important for them to have easy access their parking. **Please do not block the parking lot entrances.** Small children in parking lots create a dangerous situation – please **do not** use the staff parking lots to pick up/drop off your children.

Free the Children

On October 31st get ready to make a difference. Free the Children is asking you to take part in their action to feed the Somalian people. Please bring your loonies and toonies for our coin drive. We are also accepting donations of non-perishable food items for the local harvest society. Pumpkins will be in the main entrance ready to accept you donations. Come on Canyon Heights, let's get in to action!

Nicaragua

Dear Parents

A simple 'muchisimos gracias' to you on behalf of numerous children and their families in Esteli, Nicaragua. My recent summer trip gave me the opportunity to personally distribute your generous donations of toys and treasures, from Canuck's caps to glittery notebooks. Unforgettable are the grateful voices of those families who are now dry and 'muy feliz' in their new houses thanks to our school's student Nicaragua committee and to your support. Hopefully, the few attached photos speak for themselves.

Marly Haller, Teacher



Ms. Haller visited Nicaragua during the Summer -
Above: Ms. Haller sharing toys with some of the children
Right: Just one of the many houses that our Canyon Heights community have built in Esteli



Canyon Heights October PAC News

The first two months of the school year have been very busy. Here are just a few of the highlights.....

Many families at the school attended the **Welcome Back** BBQ – it was great to see so many new and familiar faces! This year the PAC Social team introduced a new element to the event, Sand Northrop, children’s entertainer. The children sat enthralled watching her antics and laughing at her comic performance! – Thank you Chris Duncan and her team.

Hot lunches restarted with the additional of a new option, Subway Day, as well as the regular favorites. We have a great team of parent volunteers and grade 7s distributing the lunches every Wednesday – Thank you! We are looking for a volunteer to order the Sushi lunch– if you have good computer skills and are interested in this role (once every 5 weeks) please contact Denise Brackstone (jpanddenise@shaw.ca)

A very successful **Parent Social** was held in October at Mosquito Creek Bar and Grill with over 70 parents in attendance. It was a fun evening and raised about \$1000 for the PAC that will be spent on activities and resources for your children.

Many families attended the **Family Photo nights**; our thanks to Jodi Roe for co-coordinating this event.

Recycling - This year the Lunchtime Destination Conservation team’s theme is Waste Reduction. The hot lunch team is committed to recycle as much of the hot lunch packaging as they can. Our suppliers have responded to requests and changed most of their packs to recyclables. If you would like to help with this initiative please contact Karen Nordquist (knordquist@shaw.ca). Please remember to try to reduce the packaging in your child’s lunch each day and

Thursday is always Litterless Lunch Day.

The **Parent Directory** will be distributed to all via e-mail – We hope you find this resource useful. Thank you Carol Parsakish for all your hard work collating the information. Remember if you change your contact details or decide you wish your name to be added to the directory, you can access your profile on-line via the school website. Thanks also to our Class Reps for being a vital communication link.

Crossing Guards – we are still looking for two parent volunteers to help with crossing guards duties – Wednesday afternoon and Thursday morning – please contact Tim Lucas for more information (tjluc@shaw.ca)

Noon Hour Activities. Our Noon Hour Coordinator, Sandy Therrien, has brought some new options to the school this fall including *Lego Robotics* and *Kid’s Self Defense*, as well as familiar activities such as *Hip Hop Dance*, *Bella Ceramica*, *Artmania* and *Kid’s Yoga*. The complete Fall Programme will be available next week. Registration for Lego Robotics will open next week and for the rest of the activities from November 7.

Magazine Fundraiser

Over the course of 2 weeks you generously purchased subscriptions which made \$1700 profit for the PAC.

We hope you found it a real winning fundraiser; not only did you get fantastic value on your magazine subscriptions, but also raised so much money for the school!

It’s NOT too late to order.....

You, family, & friends can purchase magazines online at any time! It’s easy, safe & secure. Simply go to www.ccrp.ca,

Step 1 - Enter our school code BC2520.

Step 2 - Order **New, Renewal** or **Gift** subscriptions.

In addition to the hundreds of magazines available through the magazine catalogue, there are additional bonus titles that are available exclusively online.

Thank you to the PAC fundraising team (Michelle, Toni and Tracy) for this initiative.

Grocery Fundraiser (see attached flyer)

Please support us by buying your groceries online.

20% of the proceeds come back to our kids !!

It is so easy - **register - order online** - and then pickup your groceries when you pick up the kids (every two weeks). Great sale items currently online!

- Register on line at <http://www.wealthyschools.ca/index.php?route=account/join>
- Place your order
- Pick up from school on the next delivery date

2011 United Way Campaign

Many of us regularly donate to the United Way through workplace campaigns or other solicitation. Did you know that if you are making a donation to the United Way, you can designate Canyon Heights PAC as the beneficiary? You can! Just indicate that you would like your donation to go to School District #44 Canyon Heights PAC (registered charity # 10796 1427 RR 0001). This way, your donation will benefit the students at Canyon Heights and you will receive a donation receipt from the United Way.

Please contact Jane Lutman, Canyon Heights PAC Treasurer at lutmans@telus.net if you have any questions.

Do you buy your bread from Cobs Bread in Edgemont Village?

It's simple, shop at COBS BREAD Edgemont, identify yourself as a supporter of Canyon Heights Elementary, and 5% of applicable purchases will be donated back!

HOW DOES IT WORK? IT'S EASY:

- When you shop at COBS BREAD Edgemont, simply let the sales assistant know that you are a supporter of "Canyon Heights".
- • Canyon Heights PAC will receive a cheque for 5% of the purchases biannually.

The funds raised by the PAC go towards enhancing your child's school, their learning environment and providing opportunities on top of the curriculum.

Amongst the PAC sponsored events this school year are:

- **Power of one** – for all grades – a play about bystander behaviour
- **Dance in Schools** for all grades – returning for the fourth year.
- **NEW Drama Workshop** for all grades – more details soon.
- **Gym Sense** – A programme for all grades to learn new gymnastic skills.

We are also supporting all classes with an increased donation to the **School Field Trip Funds** ensuring all children have the opportunity for at least one PAC sponsored trip a year.

We thank you for your generous support – without you we could not put on such great events and give our children many fantastic opportunities at Canyon Heights School.

Some Future PAC Events for your Diary

Daytime PAC meeting and coffee – Friday Nov 18 from 8.45am in the library – This will be an opportunity to hear about the ipad pilot project at the school with a hands-on workshop & learn about the 2011-12 District Strategic Plan. All Welcome!

Family Movie Night - Friday November 25th@ 7pm Bring your blankets and watch a new movie release in the Gym. Popcorn and water will be on sale from our PAC Social Team - See the posters soon to find out which movie we will be showing!