



BROOKSBANK BANNER

At Brooksbank we care for the safety of everyone.
We treat everyone and everything with courtesy, kindness and consideration.
We are responsible for our learning and our actions.

September- 2010

Principal: Arlene Martin
Vice Principal: Marilyn McVey

Brooksbank Calendar Update

Sept. 23– Family Photos 5:00 – 9:00 pm

Sept. 24 – Individual Student Photos

Sept. 24– Family Photos 5:00 – 9:00 pm

Sept. 24 – Terry Fox Run 2:00 pm

Sept. 27 – Brooksbank Professional Day

No classes for students

Oct. 6 – Recognition Assembly 1:45

Oct. 6 – PAC Meeting 7:00 pm in Library

Oct. 11 – Thanksgiving – **Schools are closed**

Oct. 21 - Newsletter posted to website

Oct. 22 – District Professional Day

No classes for students

Oct. 25 – Grade 6 Hep B & HPV

Oct. 27 – PAC Saleema Noon presentation

Brooksbank Code of Conduct:

**Be Safe
Be Respectful
Be Responsible**

During the first week of school Mrs. Martin and Ms. McVey met with students in small groups and reviewed the Brooksbank Code, Rules, and Expectations. Although these rules and expectations are discussed fully and referred to throughout the school year, it would be most beneficial for you to review and discuss the rules with your child at home. The Code of Conduct was sent home during the first week of school. If you did not receive your copy to review and sign, please let your child's classroom teacher know.

Getting Started

With the start of the school year, it is important to establish the routines, procedures and work habits that foster the success of all students. In particular, the school needs the support of parents in building children's independence, responsibility and confidence as they begin a new school year.

For younger children this means allowing them to enter and exit the building on their own, to carry their own backpacks and lunch kits to school, place their own belongings on their hooks at the beginning of the day and retrieve them at the end of the day.

By enabling children to assume responsibility for these simple age-appropriate tasks, we help them to develop the independence and responsibility expected, increasingly, in each consecutive grade. As children progress through the grades, they are expected to record assignments in their agendas, complete homework consistently, have all of the necessary equipment at school and be on time for their classes, without much assistance from teachers and parents.

On behalf of Brooksbank staff, we would like to extend a warm 'welcome back' to returning families, and a special welcome to more than 70 new students and their families: 44 new kindergarten students just beginning their school careers, new International students and others who have recently moved into the area from near and far. We are so pleased that you are joining the Brooksbank community.

The first two weeks of the school year are complete and the energy and enthusiasm for learning at Brooksbank is evident everywhere. Thank you for taking the time to prepare your children for the new school year.

During the first week of school, students worked in small groups getting to know one another and learning about the Brooksbank School Code of Conduct and what was expected of them: in washrooms, hallways, how to behave in assemblies and playground safety. At our first assembly we welcomed all new students and introduced the staff.

Safety * Respect * Responsibility

School Telephone: 604-903-3280

Callback Telephone: 604-903-3285

Welcome Back!

Before School

There is no formal supervision provided in the morning before school begins. Doors will open every morning at 8:35 am. Students are asked to walk their bikes and carry their scooters and skateboards once they are on the school grounds.

Recess

All students are expected to be outside at recess, except on days when the weather is very inclement. This provides a welcome fresh air break and opportunity to play and socialize with friends during the day. Students should come to school dressed in appropriate outdoor clothing. Leaving a bag of extra clothing at school for younger students is highly recommended.

Lunch

Lunch at school is considered a privilege for students. We encourage students to have a break in their day by going home for lunch occasionally. Students who eat their lunch at school are required to eat in their classroom while seated at their desk. It is expected that students will follow the School's Code of Conduct. Children who are not managing well may lose the privilege of having lunch at school. Students who bring a lunch to school are expected to remain on the school grounds. Every child who does not stay at the school for lunch, **must sign out at the office** prior to leaving the building and **check in upon their return**. In order to have an accurate student count for emergencies, if your child is going home for lunch please write a note indicating this. If they go home every day please state that in your initial note.

After School

Students are encouraged to leave the school grounds promptly after school unless they are involved in a supervised activity at the school. No formal supervision is provided after school. All students should report home after school so that parents know their whereabouts. Please review with your children the importance of letting you know where they are going after school and how to say NO to strangers.

Telephone Messages

Please try to organize arrangements with your child before leaving for school in the morning in order to minimize calls to the office. We are not able to interrupt classes during instruction time and prefer not to page students to the office unless an emergency arises. Thank you for your cooperation!



Personal Belongings

Please note that North Vancouver School District is unable to insure any and all personal property owned by students such as musical instruments, calculators, computers and cell phones. The School District will therefore not accept any liability for loss or damage of personal property under any circumstances.

Students should refrain from bringing personal belongings of value to school, unless necessary. Items brought to school should be adequately insured by parents for loss or damage. For more information regarding insurance, please contact your insurance agent providing home-owner coverage.

Cell Phones – “No cell after the bell”

Some parents have provided their children with cell phones for the purpose of staying in touch before and after school. However, they must remain turned off between 8:45 am and dismissal so they do not disrupt the learning environment of other students. Students are not permitted to take pictures with their phones or cameras while at school.

The School Parking Lot

The staff parking lot is not to be used for drop off, turn around, or pick up as this is a dangerous and congested area. The paved staff parking lot is for staff vehicles only. Students and parents should access the school grounds via the sidewalk.



Please respect our neighbour's access to their driveways and properties when you park your car, while waiting for your child or on school business. Please note the new walkway in the lane and check for new “No Parking” signs. Please do not park right up to the corner of the streets as it impedes student and driver vision.

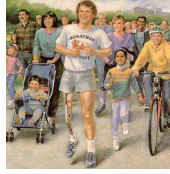
Dogs

As per North Vancouver District Regulations – NO DOGS are permitted on the school grounds. When dropping your children off or pick them up, please leave your dogs at home. Some children at school are allergic to dogs and some are frightened of dogs; as well as the obvious health concerns that dogs “leave” behind. The District of North Vancouver Animal Welfare Officer has informed the school that there is a \$100.00 fine for leaving your tethered dog unattended.



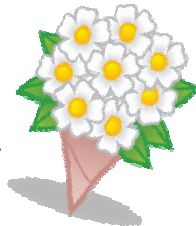
Terry Fox Run

On Friday, September 24 we are having our annual Terry Fox run. Terry Fox was an influential Canadian who at the young age of 18 was diagnosed with bone cancer and forced to have his right leg amputated in 1977. While in hospital, Terry was so overcome by the suffering of other cancer patients, many of them young children that he decided to run across Canada to raise money for cancer research. He would call his journey the Marathon of Hope. He ran 42 km a day through Canada's Atlantic provinces, Ontario and Quebec. However, on September 1st after 143 days and 5,373 kilometers, Terry was forced to stop running outside of Thunder Bay, Ontario, because cancer had appeared in his lungs. Terry passed away on June 28, 1981 at age 22. The heroic Canadian was gone, but his legacy lives on. To date, more than \$400 million has been raised worldwide for cancer research in Terry's name through the annual Terry Fox Run. At Brooksbank this year, donations under the theme of a "Toonie for Terry" will be collected. We are still looking for parent volunteers to help us along the route from about 1:45 to 2:45. If you are available, please sign up outside the main office, or call 903-3280 and let us know.



Thank you to our PAC!

A bouquet of thanks to our PAC who sponsored a marvelous Back To School Meet & Greet on Wednesday Sept. 22nd. The weather co-operated and a good time was had by all.



Purdy's Group Purchase Program Save 25% on your purchase!

This is to let you know that we are offering a group order opportunity. Save 25% on your Christmas chocolate orders.



Brochures are available from the office with order forms. Orders need to be completed and turned into the office by Nov. 9th with a scheduled delivery date of Nov. 23 (this delivery date could change). This year we are able to order online – if you wish to place your order online

please send an email to Lisa in the office at: lgregson@nvsd44.bc.ca. These chocolates make great stocking stuffers and hostess gifts!!

Brooksbank Staff 2010 – 2011

Mrs. Doris Macdonald	Kindergarten
Mrs. Kathleen Jeffers	Kindergarten
Mrs. Cynthia Batista	Grade 1
Mrs. Kam / Mrs. MacLaren	Grade 1/2
Mrs. Deborah Nykyforuk	Grade 2
Ms. Christina Schnetzler & Mrs. May Smyth	Grade 2/3
Mrs. Carol Mitchell	Grade 3
Ms. Laurie Reichert	Grade 4/5
Mr. Paul Clarke & Miss Jane Beleski	Grade 4/5
Mrs. Helen Neill	Grade 5/6
Mrs. Angela McKay	
Mrs. Sarah Dolan	Grade 6/7
Ms. Marilyn McVey	Grade 7
Mrs. Cathy Fairbank	Librarian / ESL
Miss. Jane Beleski	Learning Support
Mr. Dave Karr	Music Teacher
Mrs. Glenda Pinchin	Band Teacher
Mrs. Karen Sihota	Learn. Support Teacher
Mr. Jeff Ballou	School Psychologist
Ms. Kim Ohashi	Speech Pathologist
Mrs. Rhena Tevendale	Hearing Resource
Mr. Vince White	Counselor
Mrs. Lisa Hogan	Community Nurse
Mrs. Lisa Gregson	Admin. Assistant
Mrs. Toni Lanigan	Office Assistant
Mrs. Charlene Charlton	Supervision Aide
Ms. Luanne van Woerkens	Learning Support Aide
Mrs. Irena Olesen	Special Education Aide
Mrs. Anna Coffin	Special Education Aide
Mrs. Bev McKeen	Special Education Aide
Mr. Crisanto Bustamante	Day Custodian
Mr. Frank LaBurda	Evening Custodian
Mr. Joffrey Ibaan	Custodian
Mrs. Marilyn McVey	Vice-Principal
Mrs. Arlene Martin	Principal

Emergency Update Forms

We have sent home various emergency update forms. Some of the information is necessary to update our school records and some are required for the North Shore Emergency Preparedness Program. You will note that some data is repetitive and will be time consuming to complete. We apologize for that. Thank you for your prompt return of these forms. Please return the forms as quickly as possible.

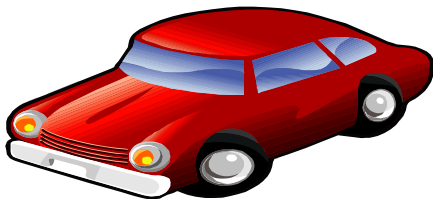


Volunteers and Field Trip Drivers

The School District works closely with the Schools Protection Program in ensuring the safety of our students within the school as well as when the students are away on field trips. Our requirements are updated from time to time and we have recently revised the requirements for volunteer drivers.

In an effort to increase student safety and decrease liability for the School District there has been a review of some of the protocols surrounding the use of volunteers in the school and in particular the use of volunteers drivers.

- School personnel will need to check that your insurance is current
- Requirement of seating plans for each vehicle with the expectations that the same seating plan is used for return trips, unless an alternate plan has been made in advance (A copy of all seating plans is to be left at the school in the event that they are needed)
- Requirement of booster seats for children under 9 years of age, unless they have reached the height of 145 cm tall (4'9")
- Age restrictions of 13 or under (rather than height requirement) to ride in front seat of vehicles with a passenger airbag
- Volunteer Application forms requires the provision of two references (neither of which can be a relative). This form needs to be filled out **each year** by Volunteers.
- Requirement to provide a Driver's Abstract when completing the Volunteer Driver's Form. Your BC Driver's Abstract (driving record) lists your licensing transactions and offences over the last 5-year period. You can get a free copy of your BC Driver's Abstract from a driver licensing office. This form is **now** good for 3 years. Here's the process:
 - ✓ Go to any driver licensing office. Bring: your BC driver's license, or one piece of primary identification and second piece of either primary or secondary identification
 - ✓ Receive a copy of your driving record from licensing staff
 - ✓ You can also call 604-661-2255 and it will be mailed or faxed to you. You can also have it faxed directly to Brooksbank School at: 604-903-3281

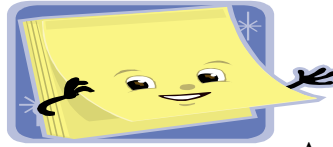


Public Meetings of the Board of School Trustees September 2010 – June 2011

All Public Board Meetings are held in the Board Room – School Board Office 721 Chesterfield Ave and begin at 7:00 pm.

Tuesday, September 21, 2010	Public Board Meeting
Tuesday, October 5, 2010 at Cleveland School	Education and Programs Standing Committee
Tuesday, October 12, 2010	Public Board Meeting
Tuesday, October 26, 2010	Public Board Meeting
Tuesday, November 2, 2010 at Braemar School	Finance and Facilities Standing Committee
Tuesday, November 9, 2010 at Lucas Centre	Community Forum
Tuesday, November 16, 2010	Public Board Meeting
Tuesday, November 23, 2010	Towards the Future for Schools Standing Committee
Tuesday, December 7, 2010 at Leo Marshall Curriculum Centre	Education and Programs Standing Committee
Tuesday, December 14, 2010	Public Board Meeting
Tuesday, January 11, 2011 at Windsor School	Finance and Facilities Standing Committee
Tuesday, January 25, 2011	Public Board Meeting
Tuesday, February 1, 2011 at Leo Marshall Curriculum Centre	Towards the Future for Schools Standing Committee
Tuesday, February 22, 2011	Public Board Meeting
Tuesday, March 1, 2011 at Upper Lynn School	Finance and Facilities Standing Committee
Tuesday, March 29, 2011	Public Board Meeting
Tuesday, April 5, 2011 at Leo Marshall Curriculum Centre	Finance and Facilities Standing Committee
Tuesday, April 19, 2011 at Capilano School	Education and Programs Standing Committee
Tuesday, April 26, 2011	Public Board Meeting
Tuesday, May 3, 2011 at Eastview School	Towards the Future for Schools Standing Committee
Tuesday, May 24, 2011	Public Board Meeting
Tuesday, June 7, 2011 at Leo Marshall Curriculum Centre	Education and Programs Standing Committee
Tuesday, June 21, 2011	Public Board Meeting

Brooksbank 2010-2011 School Calendar



In accordance with Section 77 of the School Act, the school calendar for the 2010-2011 school year is as follows:

- Sept 7 School Opens-dismissal at 9:45 am
Sept 21 Kindergarten Intake Meetings – Kindergarten students do not attend
Sept 27 Brooksbank Professional Day – School not in session
- Oct 11 Thanksgiving – School not in session
Oct 22 District Professional Day – School not in session
- Nov 11 Remembrance Day – School not in session
Nov 12 Local School Calendar Day Closure
Nov 30 Parent Teacher Conferences 2:00 dismissal
- Dec 2 Parent Teacher Conferences 2:00 dismissal
Winter Break – December 20 – January 3/11
- Jan 4 School reopens after Winter Break
Jan 31 Brooksbank Pro Day – School not in session
- Feb 25 District Professional Day – School not in session
- Mar 8 Parent Teacher Conferences 2:00 dismissal
Mar 10 Parent Teacher Conferences 2:00 dismissal
Spring Break – March 14 – 25
Mar 28 School Reopens after Spring Break
- Apr 22 Good Friday – School not in session
Apr 25 Easter Monday – School not in session
- May 6 District Professional Day – School not in session
May 20 Fun Day – 12:40 Dismissal
May 23 Victoria Day – School not in session
May 30 Curriculum Implementation Day – School not in session
- Jun 29 Last Day –grades K - 6 10:30 Dismissal
Jun 30 Administrative Day-Schools Close

(All of the above dates and more are available and updated regularly on the Brooksbank Website www.brooksbank.ca .)

Brooksbank 2010- 2011 School Hours

- 8:35 School doors open
8:45 Warning Bell
8:50 Second Bell – Classes Begin
10:20 Recess Begins
10:40 Recess Ends
12:10 Lunch (Play First)
12:55 Warning Bell
12:58 Second Bell- Classes Begin
3:00 Dismissal (Monday, Tuesday, Thursday, Friday)
2:25 Dismissal (Wednesday)

Brooksbank Website

As a reminder to parents we have a school website which is updated weekly. You will find all the dates above marked on the school calendar. We post all our school newsletters, PAC newsletters and Student of the Month photo's on the website to keep our community informed – www.brooksbank.ca

Brooksbank Band Schedule

Monday	10:40 – 11:20	Beginning Band
	11:20 – 12:00	Continuing Band
Wednesday	10:40 – 11:20	Continuing Band
	11:20 – 12:00	Beginning Band



Planning for Outdoor School

Intermediate Program (Gr. 6) Nov. 1 - 5 = \$250.00
Big House (Gr. 4) Apr. 11 - 12 = \$ 95.00

Brooksbank Callback: 604-903-3285

This phone number is available 24 hours a day, 7 days a week for parents to call us to advise if their child will be absent or late for school. We ask that parents do their very best to advise the school of any absences. This is to ensure that each of our Brooksbank students are safe and accounted for. We will phone parents at work, home or on your cell to inquire about a child's absence for their safety.



Health Matters

Foods That Make the Grade

Students need foods that fuel their minds as well as their active, growing bodies. Help your child to achieve success in school by making the healthy choice the easy choice at home.



Here are a few ideas to get you off to a great start:

- Cook extra for “planned overs” that can be used for lunches or snacks (see the recipe below)
- Aim for 3 to 4 different food groups in lunches and 1 to 2 different food groups for snacks
- Fill your fridge with washed and ready-to-eat vegetables and fruit, lower fat milk or fortified

soy beverage, and yogurt

- Buy whole grain products: whole grain bread and pasta and brown rice
- Choose lean protein: meat, poultry, fish, beans, lentils, eggs
- Look for foods that are lower in fat, sugar and salt and higher in fibre
- Add variety by trying something new once a week, e.g., a new fruit or vegetable, different type of bread, cracker, or cheese
- Eliminate the competition by buying small packages of “treats” or buy them less often

If you have any suggestions for future topics, please contact Kathy Romses, Community Dietitian at 604-904-6200 or Kathy.Romses@vch.ca. If you have general nutrition questions, call Health Link at 811 and ask to speak to a dietitian or visit www.HealthLinkBC.ca.



Yummy One Pot Pasta & Veggies

750 g package	fresh tortellini
1 L	frozen, mixed vegetables
(or chopped, fresh)	
45 ml	flour
7 ml	each dried basil and
oregano	1 ½ tsp
2 ml	pepper
750 ml	milk
175 ml	grated Cheddar cheese
50 ml	grated Parmesan cheese

Cook tortellini in a large pot of boiling water for 5 minutes. Add vegetables and cook for 2 minutes or until vegetables are hot and tortellini is just tender. Drain well and return to pot. Whisk flour into milk and pour over pasta. Add dried basil, oregano and pepper. Cook, stirring often, over medium-high heat for about 5 minutes or until thickened. Remove from heat. Stir in cheese until melted. 6-8 servings

Reminder to families with a child who has a life threatening allergy:

- Inform the school of your child’s allergies, and have your doctor fill out the Anaphylactic Student Emergency Procedure Plan form (available at each school office)
- Persons diagnosed with a life threatening allergy are advised to carry an epinephrine auto-injector at all times and wear medical identification, such as a Medical Alert® bracelet, (check website: www.medicalert.ca)
- Provide the school with an up to date auto-injector – Epipen or Twinject – **Please note:** School staff are only able to administer the 1st dose of the Twinject. It is important to check the expiry date on all auto injectors.
- Teach your child.....
 - To recognize the signs and symptoms of anaphylaxis and how to seek help
 - Where his/her Epipen/Twinject is located, and (if age appropriate) how to use it
 - To take their auto-injector on all field trips
 - To not share snacks, lunches or drinks.

Medical conditions: If your child has a serious allergy or medical condition such as diabetes, epilepsy, severe asthma, blood clotting disorders or serious heart conditions it is important to complete the necessary forms at the school.