



BROOKSBANK BANNER



At Brooksbank we care for the safety of everyone.
We treat everyone and everything with courtesy, kindness and consideration.
We are responsible for our learning and our actions.

March 2011

Principal: Arlene Martin
Vice Principal: Marilyn McVey

Mar. 30 – Recognition Assembly 9:45
 Mar. 31 – PAC Hot Lunch – Mountain Sushi
 Apr. 6 – PAC meeting 7:00 pm in the Library
 Apr. 6 – Kilometre Club begins
 Apr. 7– PAC Hot Lunch – Inn Cognito
 Apr. 8– Band Festival 10:00 – 12:00 Lucas Ctr.
 Apr. 11 – 12 Gr. 4’s to Big House
 Apr. 13 – Band Demonstrations for Gr. 4
 Apr. 14 – PAC Hot Lunch – Fresh Slice Pizza
 Apr. 21 – PAC Hot Lunch – Magic Lunch Box
 Apr. 22 – **Good Friday – No School**
 Apr. 22 – **Easter Monday – No School**
 Apr. 28 – PAC Hot Lunch – McDonald’s
 Apr. 28 – Recognition Assembly 2:15
 May 3 – Class Photos
 May 4 – PAC meeting 7:00 pm in the Library
 May 5 – PAC Hot Lunch
 May 6 – **District Professional Day – No School**
 May 12 – PAC Hot Lunch
 May 17 – Handsworth 12:00 – 4:00
 May 19 – PAC Hot Lunch
 May 20 – Fun Day – **12:40 Dismissal**
 May 23 – **Victoria Day – No School**
 May 25 – Grade 5-7 Coffee House 6 - 8 pm
 May 30 – **District Professional Day – No School**
 May 31 – Gr. 1 & 2 Author Night 6:30 – 7:30



PAC Spring Plant Sale

Order some beautiful plants for your home, office or in time for Mother’s Day! Orders to be received by **April 20, 2011** and pick-up will be Wednesday, May 4, 2011. (These are the same flower baskets you see on Main Street in Disneyland!)

- 12” premium hanging basket - \$25
- 12” round patio planter - \$30
- 12” tomato patio planter **now with a support cage** - \$20
- 10 pack of 4.5” herbs and strawberries - \$25
- 10 pack of 4.5” zonal geraniums - \$25
- 10 pack of 4.5” marigold or petunia - \$25

To place your order, click on the following link:
<http://brooksbankelementary.plants4nonprofit.com/>

If you have any questions, please contact Lisa Stirling at lisa.stirling@telus.com or 604-220-0808.

Reading to Children

The best way for parents to help their children become better readers is to read to them, even when they can read for themselves. Children benefit most when they discuss the stories they hear, learn to identify letters and words, and talk about the meaning of words. The specific skills required for reading come from direct experience with written language. At home, as in school, the more reading, the better.

Parents can encourage their children’s reading in many ways. Some tutor informally by pointing out letters and words on signs and containers. Children whose parents simply read to them perform as well as those whose parents use workbooks or have had training in teaching.

The conversation that goes along with reading aloud to children is as important as the reading itself. Parents should ask questions that require thinking and relate the stories read to everyday events.

Kindergarten children who recognize written language usually have parents who believe that reading is important and who seize every opportunity to act on that conviction by reading to their children.

Safety * Respect * Responsibility

School Telephone: 604-903-3280

Callback Telephone: 604-903-3285

Research on reading has shown that:

1. Reading achievement can improve by as much as 44% when:
 - Students spend more time reading each day (1/2 hour or more)
 - Students borrow more library books each month (5 or more)
 - Students have access to more books in the home (100 or more)
2. Reading achievement is improved with student exposure to a wide variety of reading materials.

Please watch your speed!

Please use care when driving and PLEASE slow down, as children dart out from cars that are parked in the lane or at the end of the cul-de-sac. Drivers are asked **not to use the staff parking** lot as a drop off area and to obey the “**No Stopping**” signs posted near the school.

School Planning Council

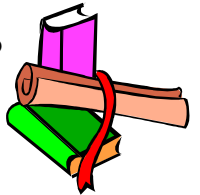
Our School Planning Council has been busy reviewing our school goals from last spring. The goals are:

- To improve student achievement in the area of non-fiction literacy
- To improve student achievement in mathematical computation
- To improve student awareness of social responsibility

Our School Planning Council comprised of Lisa Stirling, Charlene Duncan, Mrs. McVey and Mrs. Martin, are working towards the end of April deadline of having a new school plan finalized for 2011-20121 and submitting for approval to the School Board.

Grade 7 Transition

We have a few dates to announce for our grade 7 students and their parents in anticipation of the transition to high school. The staff from Sutherland will visit our students here on Tuesday, April 5 at 9:00 am. There will be a parent meeting at Sutherland on Wednesday, April 13th starting with a tour of the school at 6:30 pm and course information at 7:00 pm. On April 4th, at 7:00 pm there will be a Sutherland PAC meeting that parents are invited to attend.



Way to go Bobcats!

Volleyball began January 17 this season, and ran for 5 exciting weeks. Brooksbank fielded three teams: one Grade 7 Girls team, one Grade 7 Boys team, and one Grade 6 Boys team. All three teams showed strong skills throughout the season, and the students had great teamwork too! The other schools were very impressed with Brooksbank's sportsmanship. We'd like to extend a big THANK YOU to our volunteer coaches this season: Mrs. Poole, Mr. Go, Mrs. Nykyforuk, Mr. Karr, Mrs. Mitchell, Mrs. Reichert, Mrs. McVey, Ms. Schnetzler and Mrs. Kam. Thank you to all the parents and staff, who drove, cheered and supported our teams! We couldn't have had such a great season without you!

Lost and Found

The lost and found is bursting at the seams once again!

The clothing is hanging outside of the library. Please take some time to drop by and pick up anything belonging to your family. Items not claimed by April 1st will be recycled via a charity.

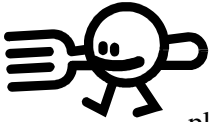


ARTISTS FOR KIDS AFTER SCHOOL ART CLASSES

SPRING SESSION REGISTER NOW! REGISTER EARLY!

The next session of very popular AFK after school art classes will begin **the week of April 4, 2011**. Brochures are available at our website. Artists For Kids is again offering an amazing variety of classes: **Primarily Painting, Artful Adventures, Cartooning, Clay Creations, Painting in the Park, Jewelry Making**. Visit our website at www.artists4kids.com to view all the exciting programming details. **TO REGISTER PLEASE CALL THE ARTISTS FOR KIDS OFFICE AT 604-903-3798 or 604-903-3796. Registration began Feb. 24, 2011.**

Forks & Spoons



Please be kind to our environment! During recess & lunch we are asked to supply spoons and forks to students who have “forgotten” to pack theirs in their lunch. As plastic spoons & forks just add to the landfills we are asking parents and students to help keep unnecessary plastics out of the landfills and to bring their own utensils with their lunches.



Garden Pillar

Most of you have noticed the beautiful garden located between the school and the Loutet Park parking lot. You may have also noticed Gerry, a 91 year old neighbour, working there. Brooksbank’s Green Team and Gerry won a B.C. Hydro Community Champion award last spring. With the award money, a large basalt pillar was purchased. On it these words are engraved: **Gardens connect people to the land and to one another** and below this **a gift from the students of Brooksbank School**. It was recently installed in the garden. Next time you’re out walking or biking be sure to have a look. Congratulations to Gerry and the 2009/2010 Brooksbank Green team!



Composting at Brooksbank

This year’s Green Team is proud to announce that Brooksbank is even greener. Vegetable and lunch scraps and paper towels are being collected and composted. When the compost is ready it will be used to provide nutrients to Brooksbank’s gardens.

Health Matters Get Strong 101

Strength and conditioning moves are designed to get every 'body' strong and feeling great fast! Anybody, at home, can try this routine of 5 moves performing each one for 10 seconds back to back, then rest for 30 seconds and repeat. Slowly build up to 30 second intervals and eventually a 10-15 minute workout routine.

Standing Lunges (alternate legs): stand with feet together, lunge forward with one leg, then bring it back. Repeat.

Squat Hops: stand in low squat position, arms bent at elbows, jump up through the



toes, and land on two feet (toe ball to heel), in low squat position (see picture). Repeat.

Sit to Stand: sit on the floor with knees up, push with one hand and stand up. Repeat.

For more Strength and Conditioning Resources under Quick Links at www.actionschoolsbc.ca.

ideas see Support and



Celebrate Food... From Field to Table!

Dietitians of Canada's Nutrition Month 2011 campaign focuses on a celebration of food – right from where it's grown all the way to tasty, healthy food on our tables.

One way to eat healthier is to cook at home as often as possible. When preparing healthier foods, look for ingredients with lots of nutrients, such as vegetables, fruits, whole grains, lean meats, legumes (beans, peas and lentils), lower fat milk products and healthy oils like canola and olive.

The Bake Better Bites: Recipes and Tips for Healthier Baked Goods book includes recipes that meet the Guidelines for Food and Beverage Sales in BC Schools as well as tips to make your favourite recipes healthier. This is a handy resource for bake sales at schools that need to meet the Guidelines to ensure that we are supporting healthy children who are more ready to learn. This book and other resources are available at www.healthyeatingatschool.ca.

Banana Roll Up: Spread pea butter or other spread on a whole grain tortilla. Place peeled banana on one edge of the tortilla and roll to wrap the banana. Cut into 1 inch thick pieces.

If you have any suggestions for future topics, please contact Kathy Romses, Community Dietitian at 604-904-6200 or Kathy.Romses@vch.ca. If you have general nutrition questions, call **Health Link at 811** and ask to speak to a dietitian or visit www.HealthLinkBC.ca.

Brooksbank Canspell Champion



Congratulations Christopher! On March 5th, Chris competed in the Regional Spelling Competition. A total of 49 students under age 13 from all over the Lower Mainland competed at the Chan Centre. Chris was able to spell “ rendezvous”, but spelled “pitchblende” incorrectly in the 6th round. He's already excited about next year. Well Done Chris! And well done to the approximately 10 other students in our class who were in the Spelling Club. Thank you to Laura Nauman for organizing the club.



Facebook...Twitter...MSN...

The average elementary school child spends 3.8 hours online

What every parent needs to know about Social Media and Internet Safety

Protecting our kids – Protecting our Privacy

Speaker – Jesse Miller

Wednesday, May 4th, 7:00pm

Ridgeway School at the Cloverley site, 440 Hendry

Only 100 spaces available, RSVP at clsacre@sacre-davey.com

“Jesse is a trusted resource to numerous school districts in British Columbia who use his expertise to address issues that occur in school hallways and through social media requiring online evaluation and investigation. Jesse uses this skill set to benefit companies who need evaluation of their social media footprint and current connectivity to clients. He has been featured in numerous publications and articles as an authority on the topics of Internet safety, social media, and mobile application based technology”
More information can be found at www.mediatedreality.ca

– اداناک رد هداوناخ نیناوق Canadian Family Law

بانج ارهز لیکو مناخ نارنخس

Lawyer: Zahra Jenab

Barrister & Solicitor



چاودزا نارود رد هداوناخ قوقح
قالط و هکراتم لحارم
هکراتم تروص رد یلام تیامح
نادنزر ف هب یسرتسد قح و تیومومیق و تناضح
یگداوناخ ل اوم رد ینوناوق قح
نارجاهم صاخ لیئاسم

ح ب ص April 5th. 9:30 – 11:30

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ب ورغ April 12th. 5:00 – 7:00

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Lucas Centre - 2132 Hamilton Ave.

Nasreen Pejvack 778.772.0231

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Nasreen Pejvack – SWIS