

BALMORAL BARONS
SECONDARY ATHLETICS
SEASONAL SPORTS/ATHLETIC EVENTS
Informed Consent

This is an important notice. Please have it translated.

For: **WRESTLING**

Dear Parents/Guardians:

The written, informed consent of parents is required for participation of students for all seasonal sport, athletic events and activities in North Vancouver School District No. 44. This legal requirement is the direct result of tragic occurrences on school field trips in several jurisdictions. The purpose of the Informed Consent document is to provide students and parents with information that is related specifically to one seasonal sport. The information contained herein applies to the entire season of the specific sport and/or athletic event and also extends to pre-season and post-season activities, i.e. exhibition games, training camps, league playoffs, district/zone playoffs, Regional and/or provincial finals. The parent and student consenting signatures on this document indicate acknowledgement and acceptance of the information contained herein inclusive of risks and potential consequences.

The scheduling of any seasonal sport and/or athletic event involving a multiple-day and/or out-of-province excursion is governed under the provisions of School District *Policy 207: Field Trips* and parents will be informed separately and accordingly.

The legal requirement of implementing the Informed Consent document is the direct result of numerous tragic occurrences that have occurred on school field trips in other school district jurisdictions. The intent is to ensure that parents and students have the information necessary to make an informed decision about participation in a particular sport and/or athletic event.

Within this package, you will find information relating to:

- Athletic/educational purpose(s)
- Notification of student/parent pre-season meeting required for: football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking.
- Detailed itinerary consisting of schedule, date(s), and times
- Transportation arrangements
- Description of supervisors: teachers, employees of the Board and other adult volunteers with emergency contact numbers
- Description of direct and indirect supervision
- Description of all activities, inherent risks and potential consequences
- Assessment of student skills and abilities as pertaining to the sport/athletic activity
- Behavioral expectations of students plus safety rules and regulations
- Contingency Plan: cell phone, first-aid provision(s), Incident Report Form(s)
- Description of budget consisting of revenue (cost to student) and expenditures (cost of trip)
- Notice regarding cancellation and deposits
- Parental responsibility to arrange student accident or liability insurance
- Parental responsibility to determine whether the student may participate in the sport
- Student Awareness of Risk and Responsibility Form completed by students

ATHLETIC/EDUCATIONAL PURPOSE(S):

The objective of extra-curricular athletics is to foster a healthy appreciation of competition in the context of individual and team sports. Specifically, our program aims for the pursuit of excellence in the areas of commitment, competition, skill development, enjoyment, cooperation, and participation by students

Your son or daughter has chosen to participate on the Balmoral Wrestling Team.

By virtue of being out of the classroom, students on an athletic team learn to be ambassadors for their school, their community and even their country. They learn the realities of travel, the responsibilities and independence of self-governance, the communication skills and leadership skills necessary for teamwork, and the social skills necessary for a variety of circumstances.

***PRE- SEASON MEETING:**

If the nature of the sport and/or athletic event exposes students to a higher than normally acceptable level of risk, then a pre-season information meeting will be arranged for parents and students. The purpose of the pre-season meeting is to provide an opportunity for the dissemination of information and discussion, related to the inherent risks and potential consequences.

This meeting will take place in Balmoral's Library Monday, Nov. 23, at 5:00 p.m.

*Optional for all sports with the exception of football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking.

ITINERARY:

The full season schedule has yet to be posted. All school sport schedules are posted on the NSSSAA (NSSSAA.com) website and may be accessed at any time.

TRANSPORTATION:

Parent(s)/guardian(s) will arrange for transportation that best meets the needs of the sport/athletic event in question. Students are instructed to use the safest mode of transport available with the acknowledgment and approval of their parent(s)/guardian(s). The nature of each athletic event may determine the mode of transportation utilized.

- Students and parents are responsible for making their own transportation arrangements to all practices and/or competitions
- Methods of transportation may include walking, bike riding, private and/or public transportation etc.
- When traveling to and from athletic events, all parties are expected to observe the provisions of the motor vehicle code and safety codes as related to walking and/or bike riding
- Parent(s)/guardian(s) should be aware that their son/daughter may be transported by a volunteer driver

Volunteer drivers are expected to comply with the provisions of School District *Policy 607: Transportation of Student* by familiarizing themselves with the Policy and signing the *Transportation of Students by Parents and Volunteers* form available from the school. School District *Policy 607: Transportation of Students* is available for viewing a www.nvsd44.bc.ca/NV/Policies/607.asp?ID.

SUPERVISION:

The level of supervision is divided into direct and indirect. Direct supervision is the time students spend with a coach, sponsor(s) and/or chaperone(s), which is directly related to the event. Indirect supervision is the time students may spend as “unstructured time” outside of activities that are directly supervised.. Under indirect supervision, the students may not necessarily be in the company of a coach, sponsor or chaperone. It is expected that students, while under indirect supervision, will act with common sense in accordance with school and school district behavior expectations. Coaches, sponsors and chaperones will determine the parameters of “unstructured time” and clearly articulate them to students. Students, when under indirect supervision, will be informed of how to reach a coach, sponsor or chaperone in the case of an emergency.

COACHES, SPONSORS(S) AND CHAPERONE(S):

Emergency Contacts:

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Phone Number(s)</u>	<u>e-mail address</u>
<i>Ian McDonald</i>	<i>M</i>	<i>Coach</i>	<i>604-903-3400</i>	imcdonald@nvsd44.bc.ca
<i>Tom Larisch</i>	<i>M</i>	<i>Ass't Coach</i>	<i>604-903-3400</i>	tlarisch@nvsd44.bc.ca

RISKS AND CONSEQUENCES:

There is a degree of risk in all daily activities. The risk is increased to varying degrees when students are away from the safety and supervision of the school setting. It is impossible to itemize every possible element of risk associated with an athletic event. Generally speaking, this event may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue
- Active participation in the sport and/or athletic event
- Spectating

Wrestling is a sport with a level of inherit risk and potential consequences, which may include, but is not limited to: bodily injury ranging from incidental to potentially fatal.

In addition, participation in sports and/or athletic events involves travel to and from the home school. Risks associated with travel, may include but are not limited to: mode of transportation, environmental conditions, distance, traffic conditions, etc.

Students have been briefed on the risks involved in wrestling and on the appropriate precautions to be taken. Students are required to complete and sign the *Student Awareness of Risk and Responsibility Form* in order to demonstrate full understanding of the expectations, risks, safety precautions and responsibilities associated with wrestling before being permitted to participate.

Coaches, sponsors, chaperones, and students will do all they can to ensure a safe, common sense, and controlled experience to reduce inherent risk. The consequences of risk are, again, myriad and dependent on the situation. Students and parents need to be aware that injury can occur from risk, and that injury can range from minor to fatal. By

virtue of signing this “Informed Consent” document, you are acknowledging your understanding and acceptance of the inherent risks and possible consequences associated with this sport/athletic event.

ASSESSMENT OF STUDENT SKILLS AND ABILITIES:

Before students may participate in any planned athletic event, they must assure the coach(es), sponsor(s) and chaperone(s) that they have the necessary and required skills, training and common sense to participate in the athletic event. Due to the nature of inherent risks associated with *Wrestling*, the coach(es), sponsor(s) and/or chaperone(s) must be assured that students have the necessary and required skills, training, and common sense to realistically participate in the activity at varying degrees of competence

In order to ensure that the participant has an appropriate level of competence and skill to actively participate in this athletic activity, he/she will be required to provide a self-assessment on the *Student Awareness of Risk and Responsibility Form*. It is important to note that students are solely responsible for being forthright and honest in declaring their level of skills and abilities in the “self-assessment” section entitled, “my level of skills and abilities” on the Student Awareness of Risk and Responsibility Form.

As well, the student may be required to demonstrate to school personnel or their delegate, that he/she has a level of competence and skill deemed appropriate for active participation in this athletic activity.

Active participation in either wrestling practice or competition will be the decision of the coaching staff, based on a subjective assessment of the cognitive, physical and psychological level of competence and readiness of the individual student concerned. .

BEHAVIORAL EXPECTATIONS, SAFETY RULES AND REGULATIONS:

While participating in high school sports and/or athletic events, it is important that students are aware that behavioral expectations are governed under the B.C. High School Sports Code of Conduct, the School Code of Conduct and the School District Code of Conduct. Furthermore, students represent their school and District at all times when traveling and participating in school sports and/or athletic events and as such are accountable for their behavior.

The overarching principle of all school related activities is to ensure the safety of the individual and group at all times. Students must always be concerned about their own safety and the safety of others at all times.

- All school rules and the student Code of Conduct are in effect.
- Participants must stay in the area where the sport or activity is scheduled.
- All participants must follow the Responsibility Code as outlined on the Informed Consent form.

CONTINGENCY PLANNING:

At least one supervising adult will have access to a cell phone.

In addition, supervising school personnel are required to report and document any serious injury on the School District’s Incident Report Form.

BUDGET:

\$80 per student.

\$50 Uniform deposit, to be exchanged for a clean and tidy uniform at the end of the season.

*Estimated Costs per participant over the course of the season for NSSSAA League Meets and North Shore Championships only.

Transportation: \$35

Referees: \$35

Mat Resurfacing Fund: \$10

The athletic fee will be **\$80** for the **WRESTLING TEAM**. Please make cheque payable to **BALMORAL Jr. Secondary**.

***Note: if a student has not yet played a sport at Balmoral this year, they will also be required to pay an additional \$20 to cover the costs of the Athletic Banquet in June and the School-wide Athletic Equipment and First Aid Fund.*

POLICY REGARDING CANCELLATION OF TRIP/REFUNDS:

NOTE: If a seasonal sport budget requires the payment of a deposit and/or monies either in advance of the season or during the season and the athletic event(s) is cancelled either in part or in whole, or the schedule/itinerary become altered, neither the school nor the Board shall be liable for any refund either in part, or in whole.

TRAVEL/MEDICAL/ACCIDENT INSURANCE:

Unless notified otherwise, the sport and/or athletic event in which your child is participating has not arranged group insurance for Travel and/or Accident Insurance. Parents are responsible for the provision of individual student Accident Insurance for their child if desired.

Individual student Accident Insurance can be obtained from www.iapkidsplus.com.

MEDICAL/EMERGENCY CONTACT INFORMATION:

Parents are required to fill in the separate *Medical/Emergency Contact Information Form*. The information provided on the *Medical/Emergency Contact Information Form* is critical for guiding appropriate medical responses as needed.

PARENT AND STUDENT RESPONSIBILITY:

Parents have the responsibility to determine whether the student may participate on the Wrestling Team as demonstrated by the completion and signing of an Informed Consent Form.

Both students and parents must complete the appropriate Student Awareness of Risk and Responsibility form.

Parents have the responsibility to arrange extra accident or liability insurance.

Sincerely,

Mike Kee, Principal

Ian McDonald, Head Coach

Return this Informed Consent Approval to School

SECONDARY ATHLETICS

SEASONAL SPORTS/ATHLETIC EVENTS

INFORMED CONSENT APPROVAL

For: **WRESTLING**

PARENTAL PERMISSION

A student **must** have parental or guardian, written and signed, permission in order to participate in any seasonal sport and/or athletic event. Without this signed consent, students will not be able to participate in high school sports in North Vancouver School District No. 44.

PARENTAL CONSENT

I, (printed name) _____, have read the Informed Consent document that pertains to my son/daughter's participation in this sport and/or athletic event. I am aware of the inherent risks and potential consequences that may occur as a result of participating in this sport and/or athletic event. My signature here indicates that my child has my informed consent to participate in the stated seasonal sport and/or athletic event.

Signed _____

Dated _____

STUDENT CONSENT

I, (printed name) _____, have read the Informed Consent document that pertains to my participation in this sport and/or athletic event. I am aware of the inherent risks and potential consequences that may occur as a result of participating in this sport and/or athletic event. Furthermore, I am aware of and accept that I am accountable for my behavior as a representative of the school and North Vancouver School District No. 44.

Signed _____

Dated _____

Medical Form

Name of Student: _____ **Grade:** _____ **M/F:** _____
School: _____

Care Card Personal Health No. _____ **Birth Date (DDMMYY):** _____

Family Doctor: _____ **Dr. Phone:** _____

Name of Parent/Guardian: _____

Address: _____ **Postal Code:** _____

Phone (Home) _____ **(Work)** _____ **(Cell)** _____

Please note any health condition, physical handicap, emotional difficulty, behaviour problem, or other factors that may limit full participation in this athletic program.

Has the student had a previous injury that would require special first aid treatment should another injury occur?

The student has received the regular immunization program administered in BC for: Diphtheria; Pertussis & Tetanus DPT; Tetanus and Diphtheria (TD); Polio; Measles, Mumps and Rubella (MMR)

Yes No (circle) If no, please explain _____

Does the student wear Contact Lenses: Yes No (circle)

Student is subject to:

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> asthma | <input type="checkbox"/> eye infections | <input type="checkbox"/> motion sickness | <input type="checkbox"/> sinus problems |
| <input type="checkbox"/> bronchitis | <input type="checkbox"/> fainting | <input type="checkbox"/> muscle pulls | <input type="checkbox"/> sleep walking |
| <input type="checkbox"/> dislocations | <input type="checkbox"/> frequent colds | <input type="checkbox"/> nose bleeds | <input type="checkbox"/> sprains |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> headaches | <input type="checkbox"/> seizures | <input type="checkbox"/> tonsillitis |
| <input type="checkbox"/> ear aches | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> sensitive skin | |
| <input type="checkbox"/> enuresis (bed wetting) | <input type="checkbox"/> kidney problems | <input type="checkbox"/> severe allergies/anaphylaxis | |
| | | (*provide detail below) | |
| <input type="checkbox"/> Other conditions and/or *further detail (describe below) | | | |

Alternate Emergency Contacts:

Name: _____ Phone: _____

Name: _____ Phone: _____

In case of emergency, I hereby give permission to the physician selected by the supervisor(s) to provide necessary treatment for my child.

Parent/Guardian Signature _____ Date: _____

